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Determinants of Birth Weight, Gestational Age, and Perinatal Mortality Among the Urban

Poor in Dhaka, Bangladesh

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#### **Abstract Summary**

Perinatal mortality is a sensitive indicator of maternal health status prior to and during pregnancy. Birth weight is the single most important predictor of neonatal survival. Bangladesh has among the highest incidence of poor perinatal outcome in the world. Perinatal mortality is estimated to be 75 per 1000 live births and 40-50% of all live births have a birth weight less than 2500 grams. The incidence of intrauterine growth retardation and preterm delivery are unknown. The determinants of perinatal mortality and low birth weight among the urban poor in Bangladesh have not been documented.

This prospective study will measure the incidence of perinatal mortality, low birth weight, and preterm delivery. The aim is to identify the maternal, perinatal and socioeconomic determinants of perinatal outcome. A cohort of women (n=1395), identified early in pregnancy, will be visited two times prenatally, within 72 hours after birth to obtain the infant's birth weight and a gestational age assessment using a standardized test of signs of gestational maturity, and twice after the first seven days to assess perinatal survival, and maternal prenatal and perinatal health. Structured household interviews during the prenatal and postpartum visits will measure risk factor variables. Anthropometric measurements (height, weight, arm, head circumference) of the mother will be taken prenatally and immediately postpartum.

The research will be conducted with the Urban Health Extension Project, ICDDR,B over a period of approximately 19 months and the total direct cost is estimated to be \$93,000.

#### Reviews:

(i) Research Review

Committee:

April 14, 1993

(ii) Ethical Review Committee:

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### A. Introduction

# Goal and Objectives

The goal of this study is to generate information from which recommendations can be formulated for interventions aimed at improving maternal and neonatal health in the urban slums of Dhaka, Bangladesh.

The specific objectives are:

- (1) To estimate the incidence of perinatal mortality, low birth weight, intrauterine growth retardation, and preterm delivery.<sup>1</sup>
- (2) To identify factors related to perinatal mortality, intrauterine growth retardation, and preterm delivery.
- (3) To estimate the attributable risk percent of selected factors found to be related to perinatal mortality, preterm delivery, and intrauterine growth retardation.

### Background

### Definitions: Perinatal Mortality and Low Birth Weight

Perinatal mortality and low birth weight are both sensitive public health indicators of maternal and infant health. Perinatal survival and birth weight are largely conditioned by the health and nutritional status of the mother; and birth weight is one of the single most important determinants of infant survival (Kramer, 1987; Kumar et al., 1987; McCormick, 1985; Victora et al., 1987; WHO, 1980). Risk factors for perinatal mortality are lack of antenatal care, maternal age (<16 or >35), smoking, low socioeconomic status, low birth weight, and unsafe delivery care practices (Barros et al., 1986; Bartlett et al., 1991; Edouard, 1985; Fauveau et al., 1990; Mavalankar et al., 1991; Mostafa et al., 1991). Risk factors for low birth weight are maternal age, high parity, female

These estimates will be biased toward lower incidence rates due to unavoidable study limitations. These limitations are: (a) some respondents will be referred by study interviewers for medical care when necessary, and if they receive medical intervention because of this study's referral, their pregnancies may result in better perinatal outcomes than if they had not been referred to medical interventions by study interviewers; (b) some respondents may choose not to participate in the study, and if this decision is related to the likelihood (or result) of a poor pregnancy outcome, the incidence estimates will be underestimated. An additional limitation is related to the measurement of perinatal mortality which requires that the respondent be capable of accurately telling the interviewer how many weeks gestation she was before a stillbirth (to determine whether she had carried for 28 completed weeks).

infant gender, smoking, and poor maternal nutritional status prior to, and during pregnancy (Berkowitz 1981; Ferraz et al., 1988; Kramer, 1987).

Perinatal mortality is defined as late fetal or early neonatal death (>=28 weeks gestation through 7 days after birth). It is a standard health indicator of and child health because it is affected by both antenatal risk factors such as maternal age or use of prenatal care, as well as intrapartum risks which can be harmful to both mother and infant, such as sepsis, prolonged labor, or malpresentation (Edouard, 1985; MotherCare Matters, 1991).

Low birth weight (LBW) is defined as a weight below 2500g at birth. An infant's birth weight is determined by the length of gestation and the rate of growth in utero. Therefore, low birth weight can be due to preterm delivery, intrauterine growth retardation, or a combination of both. Intrauterine growth retardation (IUGR) has various definitions, but one widely recognized definition is a birth weight less than the 10th percentile of birth weight for gestational age, according to a sex-specific fetal growth chart (Read et al., 1984).

There are two important gaps in our knowledge of the determinants of low birth weight. The first is caused by the scarcity of "conclusive" studies on LBW in developing countries. The majority of LBW studies done in developing countries are based on unrepresentative hospital-based populations. Many studies do not have sufficient sample sizes to detect associations between known risk factors and low birth weight. Furthermore, the factors known to be related to preterm delivery in developing countries are largely unidentified (Kramer, 1987).

The second gap is caused by the lack of clarity in defining LBW due to shortened gestation versus LBW due to poor intrauterine growth. Since birth weight is such a strong predictor of neonatal survival, it is compelling to focus on that measure alone (Susser et al., 1972). However, several studies have shown that preterm infants are at greater risk of death than growth retarded infants (Lubchenco et al., 1972; McCormick, 1985; Starfield et al., 1982; van den Berg, et al., 1966). Thus, the incidence of LBW as a health indicator is more useful if the proportions of preterm/LBW and IUGR/LBW also are known.

Villar and Belizan (1982) analyzed existing data on LBW from around the world and showed that the proportion of infants who are LBW due to growth retardation, as opposed to preterm delivery, is much higher in developing countries than in developed countries. They concluded that in countries where the incidence of LBW was relatively high (e.g. above 10%), the proportion of LBW infants who were growth retarded was about twice that of LBW infants due to preterm delivery (i.e. 65-80%). In countries where the incidence of LBW was low (5-10%), the reverse was true, and the majority of all LBW infants were delivered preterm, and not growth retarded.

The authors concluded that the incidence of preterm birth around the world was relatively stable, but the incidence of IUGR was much higher in developing countries. Therefore, in comparison with developed countries, the increased incidence of LBW in developing countries was primarily due to fetal growth retardation.

This conclusion deserves re-examination given the variability in Villar and Belizan's own data (1982), as well as other studies that do not support it. Two studies of South Asian countries have found that preterm delivery accounts for nearly 50% of all LBW infants (Hort, 1987; Mavalankar, 1992). These studies indicate that the determinants and incidence of preterm delivery vary across populations. Undue concentration on LBW due to IUGR can detract important attention to the especially high risk groups of infants who are delivered preterm.

#### Incidence of Perinatal Mortality and LBW

The estimated annual number of perinatal deaths occurring in developing countries is seven million (MotherCare, 1990). Incidence of perinatal mortality have been dramatically reduced during the last 40 years in developed countries, but developing countries do not show similar trends. It is generally recognized that infant mortality rates have declined faster than perinatal mortality rates in developing countries. This is because recent efforts to improve child survival have predominantly affected late neonatal and post-neonatal survival (Edouard, 1985).

The World Health Organization has estimated that 21 million infants with LBW were born in 1979, nearly 20% of all births worldwide. But the incidence of LBW is not evenly distributed around the globe. Over 90% of the world's LBW infants are born in developing countries, and two-thirds of all LBW infants are born in Middle South Asia (India, Pakistan, Bangladesh). Incidence of LBW in parts of India and Bangladesh may be as high as 50% of all live births (WHO, 1980). Patel (1989) found that the incidence of LBW was 50% in Calcutta, India. In comparison, only 5% of all births are LBW in developed countries (WHO, 1980).

The extent of perinatal mortality or LBW has not been documented in the urban slum populations of Bangladesh. One study in rural Matlab of Bangladesh estimated a perinatal mortality rate of 75 for every 1000 live births (Fauveau et al., 1990). Other studies done with hospital-based populations and in rural communities of Bangladesh have documented a high incidence of low birth weight (Canosa 1989, Hort 1987). Huque and Hussain (1991), using a hospital population, excluded certain high risk groups of women (based on medical and demographic characteristics), and still found an incidence of low birth weight over 40%. Hort (1987) identified significant seasonal variation in birth weights, consistent with the cost of rice.

Canosa (1989) found important differences in birth weight between socioeconomic status (SES) and urban versus rural residence. The overall mean birth weight was 2593g, and the incidence of low birth weight at 45.4%. But among the low SES/rural dwellers, the incidence of LBW was over 70% of all births, and over 80% of all these LBW infants had intrauterine growth retardation. Among the high SES/urban dwellers, the incidence of LBW was less than 24% and about 50% of these LBW infants had IUGR. Thus, low birth weight appears to be strongly associated with socioeconomic status in Bangladesh. Among the poorer classes, a substantial portion of the increased incidence of LBW appears to be due to IUGR, though the proportion of LBW/preterm births remains high even in the higher SES groups.

In 1989, a pilot study on LBW and gestational age was conducted in the Urban Volunteer Program's (UVP) sample area which, as the precursor program, overlaps the Urban Health Extension Project (UHEP) area. The purpose of the study was to test the feasibility of collecting birth weight and gestational age data in the home. Using volunteers to inform the UVP of any delivery, a total of 33 newborns were examined within 72 hours. The mean birth weight was 2600g and mean gestational age 38.5 weeks. Twenty-seven percent of all babies examined were LBW (Uzma et al., 1991). Though the mean birth weight is consistent with prior studies in Bangladesh, the low percentage of LBW is surprising and probably indicates a bias in the sample of births. One explanation for this bias is that volunteers tended to notify the UVP of healthier births. Thus, babies with birth weights below 2500g who were sickly or did not survive the early neonatal period were less likely to be included in the pilot sample. The mean weight of 2600g can be explained by the fact that newborns of weight around 2500g have much greater chances of surviving than newborns with weights below 2000g. It is this group that is probably underrepresented in the pilot sample.

#### Rationale

Perinatal mortality and low birth weight are very high in Bangladesh, yet the few studies available are generalizable only to a rural population, or a highly select group of women who deliver in hospitals. There have been no community-based studies of the urban poor in Bangladesh. Preliminary data from the UHEP (Baqui et al., 1993) reveal rates of infant mortality in the urban slums (about 142/1000 live births) that are higher than the national average of 111 deaths per 1000 live births (1987 national estimate). Almost 13% of all infant deaths in the urban slums were due to LBW, and 6.3% of deaths were due to asphyxia, which is a complication associated with prematurity.

Information on the types of medical and delivery care services utilized by pregnant women in the urban slums is entirely lacking. It is known, however, that many women do not attend antenatal

care or use trained delivery providers to deliver their babies (UHEP, 1992). The prevalence and attributable risk of other prenatal risk factors such as poor maternal nutritional status, indoor smoke exposure, and genital tract infections also is unknown.

This study will provide needed information on the incidence and determinants of perinatal mortality and LBW in this population in order to plan health services. But the study also can make a unique contribution to the literature on risk factors for poor pregnancy outcomes because it focuses on factors that either deserve further study, such as cooking or passive smoke exposure and symptoms of genital tract infection, or risk factors that may play a unique role in severely disadvantaged populations, such as maternal nutritional status and use of antenatal and delivery care.

# B. Specific Aims

### Description

To meet the first objective of this study, the incidence of perinatal mortality, low birth weight, IUGR and preterm delivery will be estimated. The prevalence of known and hypothesized risk factors for poor perinatal outcomes also will be estimated. The degree of association between the risk factors investigated and poor perinatal outcomes will be described by the odds ratio adjusted for the presence of other confounding factors (using logistic regression). The prevalence estimates and adjusted odds ratios for each risk factor will be used in a combined measure of attributable risk, which estimates the percentage of the "disease" that could be eliminated if the given risk factor were eliminated.

# **Hypothesis Testing**

The following are hypothesized:

- (a) Low maternal nutritional status, passive tobacco or cooking smoke exposure, and lack of antenatal care utilization by a qualified practitioner will be associated with intrauterine growth retardation, preterm delivery, and perinatal death.
- (b) Symptoms of genital tract infection during pregnancy will be associated with preterm delivery.
- (c) Delivery with an untrained attendant will be associated with perinatal death.

## Justification of Hypotheses

Prior research on risk factors for LBW and perinatal mortality has consistently identified young maternal age, primiparity, prior poor pregnancy outcome, and low socioeconomic status (Berkowitz 1981; Fauveau et al., 1990; Kramer, 1987). Although the proposed research will measure these factors and test for associations with poor pregnancy outcome, the hypothesis testing is limited to risk factors that are either (a) less certain and deserve further investigation, or (b) are particularly relevant to the health of this population, and other similarly disadvantaged populations. To assess the independent contribution of the risk factors of interest, other risk factors known to be associated with pregnancy outcome in other populations will be considered potential confounders.

#### Nutrition

Several studies have shown that indicators of poor maternal nutritional status prior to and during pregnancy, such as short height, low pre-pregnancy weight, or poor weight gain, are risk factors for poor perinatal outcome (Adair et al., 1991; Kramer, 1987; Krasovec and Anderson, 1991; Pebley et al., 1985; Tripathi et al., 1987; Winikoff et al., 1981). Experimental studies have demonstrated that nutritional supplementation during pregnancy among low socioeconomic status or malnourished groups improves birth weight (Lechtig et al., 1975; Prentice et al., 1983; Stein et al., 1978; Villar et al., 1988).

Women in Bangladesh have exceedingly poor non-pregnant nutritional status, and poor weight gain during pregnancy. One study found that almost 75% of women weighed less than 43 kg at pregnancy termination (Huffman, 1987). Another estimated the mean weight gain during pregnancy to be less than 5 kg (Krasovec, 1989). A recent study of the urban slum population in Dhaka found that the mean weight of non-pregnant women was 41.8kg and mean height 149 cm. Over 71% of the women weighed below 45kg and 40% weighed below 40kg.

Few studies have looked at how nutrition affects pregnancy outcomes in populations with such poor nutritional status. One interesting and important question is whether relatively small differences in nutritional status, in populations where almost all women would be considered to have below adequate nutrition, are associated with pregnancy outcome. Another reason to take anthropometric measures of nutritional status is to identify the appropriate cut off points of key measures for assessing perinatal risk in this population.

#### Smoke Exposure

Tobacco use during pregnancy has repeatedly been documented as a cause of poor fetal growth and preterm delivery (Harger et al., 1990; Kramer, 1987; Wainright, 1983; Nasrat et al., 1986). Some studies have found evidence that passive smoke exposure is damaging to the infant (Lazzaroni et al., 1990; Malloy et al., 1988). The prevalence of maternal smoking in Bangladesh has not been reported, and is expected to be quite low. However, a pilot study of adolescents in the urban slums reported that about 20% did smoke cigarettes (UHEP, 1992). Passive smoke exposure could also be significant if the woman is frequently around members of the household who smoked.

Few studies have looked at the effect of indoor cooking smoke on pregnancy outcomes, yet biomass fuels produce smoke containing some toxic materials which are similar to tobacco smoke (de Koning et al., 1985). One study in India found evidence of an association between indoor cooking smoke and LBW (Mavalankar, 1992). Since women are responsible for cooking, a poorly ventilated stove and cooking area could put pregnant women at risk. Crowded living conditions could put pregnant women at risk of smoke exposure from more than their own households as well. Tobacco smoke exposure is associated with perinatal death and preterm delivery, as well as low birth weight, therefore, this study hypothesizes that cooking smoke exposure is associated with IUGR, preterm delivery, and perinatal mortality.

### Antenatal and Delivery Care

Both medical care during pregnancy and safe delivery practice have been shown to be associated with better outcomes (Islam et al., 1982; Ferraz et al., 1990; Rahman, 1982). In developing countries, where a larger proportion of pregnancies are high risk due to poor maternal nutritional status, prior poor pregnancy outcome, and other factors, the effect of the quantity and quality of antenatal care is still unknown (Kramer, 1987). However, researchers have concluded that antenatal care is one of the risk factors for poor perinatal outcomes that is most amenable to change (Ferraz and Gray, 1990). Further studies on antenatal care in developing countries should focus on the content of care, and attempt to control for the reason antenatal care is sought, since women with complications may be more likely to seek care than healthier women.

#### **Genital Tract Infection**

The prevalence of genital tract infections in Bangladesh is estimated to be very high. Wasserheit (1989) found that over 20% of women of child-bearing age reported symptoms of reproductive tract infections, and almost 70% of these symptomatic women had clinical or laboratory evidence of infection. Many researchers have found some evidence to support the hypothesis that maternal genital tract infection is a risk factor for LBW and preterm delivery (Kramer, 1987; de Schryver and Meheus, 1990).

Further epidemiologic research on the effects of genital tract infections is needed in developing countries, and is appropriate in Bangladesh where the prevalence of symptoms is high and medical treatment is low (Bakketeig, 1984; Kramer, 1987). There is also a possibility of an interaction between infection and unsafe delivery practices, since the two factors combined could promote intrapartum infections in the mother or neonate.

#### Other Factors of Interest

Other risk factors of interest are nutritional intake (and beliefs), and general morbidity during pregnancy such as symptoms of anemia, diarrhoea, or injuries. These risk factors are not included in the hypotheses because either prevalence is expected to be quite low, or the risk factor's measurement too imprecise. However, descriptive statistics will be collected for future investigations--both to obtain more accurate prevalence estimates, and to identify any trends or crude associations with poor perinatal outcome.

Nutritional status during pregnancy is directly related to both caloric and micronutrient intake, but may be indirectly related to the social status of women in the household. Recent ethnographic research reported that in traditional households, women ate after the men, and sometimes after the whole family. This often deprived women of the more nutritious foods, such as meat, fish or vegetables, which can be in short supply (Blanchet, 1991). In fact, this research found evidence that malnutrition among pregnant women occurred at all socioeconomic levels, partly because of unequal food distribution within the household.

Blanchet (1991) also reported that many pregnant women do not believe that they need to increase their food intake during pregnancy. Other ethnographic research in India and Bangladesh has supported this finding (Blanchet, 1984; Nichter et al., 1983). If women do believe that they should change their diet during pregnancy, it is unknown what kind of foods are preferred, or believed to be compatible with pregnancy. If certain nutritious and available foods are routinely avoided by

pregnant women, these beliefs could potentially be related to poor nutritional status and poor pregnancy outcome.

Women with deficient diets are at risk of being anemic, and anemia has been related to increased risk of LBW and maternal postpartum mobidity and mortality (Kramer, 1987; MotherCare 1990). Anemia leading to chronic fatique, pallor of skin or nailbeds, and cravings to eat non-food substances will be captured in this study by maternal reporting of those symptoms of anemia; laboratory diagnosis will not be done.

Few studies have looked recently at how diarrhea during pregnancy could affect fetal outcome, but one study in rural Bangladesh found a very high incidence of stillbirth among women hospitalized for diarrhea (Hirschhorn et al., 1969). Though treatment for diarrhea has become more widespread since then, it is still one of the major causes of morbidity and mortality in Bangladesh.

Finally, the relatively high risk of physical injury to women of childbearing age, both intentional and unintentional, could be a significant risk factor for perinatal mortality. Research on maternal mortality found that 9% of pregnancy-related deaths were caused by violence or injury (Fauveau et al., 1988a). In a survey of women of reproductive age, 12% of deaths occurring were due to injuries, mostly unintentional injuries or suicide (Fauveau et al., 1988b). A third study found that the incidence of death due to violent injuries among reproductive age women varied by age. It was highest (47 per 100,000) among women age 15-24, and lowest (11 per 100,000) among women 35-44. Among the highest risk group, the proportion of deaths due to injuries was almost 20% (Fauveau et al., 1989). Prior research studies on mortality due to violence or injuries provides only a clue to the potentially high incidence of non-fatal injuries.

# C. Methods and Procedures

# Study Population and Study Site

The Urban Health Extension Project (UHEP) operates in the slums of five thana of Dhaka. The UHEP has drawn a representative sample of households from these five thana in order to establish the Urban Surveillance System (USS), which monitors vital and demographic events occurring in each selected household, and periodically collects data on socioeconomic status, health, and health care utilization. The USS visits each household at three month intervals to collect and update information. The date of the last menstrual period (LMP) is collected at each three month visit, so all pregnancies in the USS sample should be identified between 4 and 16 weeks LMP.

The target population includes all pregnant women in selected clusters of the five thana who carry their pregnancy beyond the 28th week. The study sample will include all pregnant women who (a) are identified by the USS, (b) meet the target population criteria of residence and length of gestation, (c) agree to participate, and (d) remain at/near their residence in Dhaka for the delivery (i.e. delivery at their home, a relative's home, or a clinic/ hospital). Women who return to their village to deliver will be excluded.

# Study Design

This is a prospective observational study. In this population, where the majority of women do not deliver in clinics or hospitals, birth weight or gestational age cannot be assessed in a timely manner unless the pregnancy is identified prospectively, and some arrangement can be made in advance for immediate notification of delivery.

Furthermore, anthropometric measures of maternal nutritional status in this population can only be obtained in a prospective cohort study because prenatal records rarely exist. Therefore, the prospective design, though more costly than other designs, is the only option.

#### Variables

Operational definitions of dependent and independent variables are described in Appendix A. Most variables will be collected directly by this study through anthropometric measurement, interviewer observation (e.g. type of cooking stove and area), and questionnaire. Identifying information on women who become pregnant will be obtained from the USS, and some household socioeconomic status data will be used from the USS. Though determination of cause of perinatal death is not an outcome variable examined by this study, information on cause of early neonatal deaths will be available through the USS' "verbal autopsy" which is completed for every registered death in the USS households (not for stillbirths).

Several variables will be collected as continuous variables, and later categorized according to appropriate criteria based on the literature, and/or the distribution of the data (e.g. age). Other variables will be collected on ordinal scales or according to nominal categories (e.g. presence/absence of a characteristic or condition, type of symptoms, etc.).

Table 1. Dependent Variables

Outcome Variable	Definition	Method
Perinatal death 	Stillbirth occurring >=28 completed weeks of gestation or early neonatal death occurring <=7 completed days after birth.	Perinatal death will be defined by LMP in the case of stillbirths, and by completed days since birth in the case of live births (at 24 hour intervals from estimated time of delivery). When LMP is not available, the participant will be asked whether she was more or less than 7 months pregnant at termination.
Birth weight	Measured by a portable beam balance scale called the "Detecto Doctor's Infant Scale." This scale should be accurate to at least the nearest 10 grams.	Birth weight should be measured within the first 72 hours after birth. Each mother will be given a light cloth of standard weight (a "gunrcha") to wrap the infant in for weighing; the final weight will be adjusted for the weight of the cloth. Scales will be set to zero and calibrated with a standard weight before each weighing.
Gestational age	Capurro method, modified from Dubowitz' gestational age assessment examination of the newborn.	The Capurro (1978) method, a modified version of the Dubowitz method (1970) has been chosen for its simplicity and proven applicability and validity in the field.  The Capurro method uses only six signs of newborn maturity: skin texture, car form, breast size, plantar creases, the scarf sign, and head lag. Each sign is rated on a 3-4 point scale corresponding to a certain number of points ranging from 0-24. All points are summed to a base of 200 and the total equals the estimated number of days of gestation.

### Validity of Birth Weight

All infants lose weight in their first few days after birth, and initial weight loss is proportionately greater among low birth weight infants than normal birth weight infants (Dancis et al., 1948). The amount of weight loss is estimated to be from 5-15% of body weight at birth over the first four to seven days (Shaffer et al., 1987). Studies have noted considerable individual variation, however.

Though a birth weight is most accurate immediately after birth, the 72 hour limit was chosen as a feasible and still valid field measure of birth weight in Bangladesh. Preliminary birth weight data from clinic/hospital births in Matlab Bangladesh have shown that variation in birth weight over the first four days of life is less than 4%, and the greatest decline occurs within the first 24 hours (A. deFrancisco, 1992).

To estimate the bias of taking weights as late as 72 hours after birth, a sub-sample of infants who are successfully weighed within the first 24 hours will be visited again at 72 hours for another

weighing. These longitudinal measurements will provide information on the pattern of weight changes over the first three days, and whether the patterns vary by initial birth weight. The data also will help to estimate the amount of bias in the rest of the sample, and to adjust obtained weights if necessary. Infants who are not weighed within 72 hours still will be visited, weighed and examined, but may be excluded from some analyses.

#### Validity of Gestational Age

Since the LMP dates reported by some women may be inaccurate, gestational age assessments based on newborn maturity are a more standard and reliable measure for this study. This method has been successfully used in clinical and field settings in developing countries (Ferraz et al., 1990). Its main advantage is its simplicity, both for the respondent because it takes less time, and for the assessor because it requires far fewer signs to learn to rate.

Evaluating signs of newborn physical and neurological maturity can only approximate an infant's gestational age because maturation in utero does not occur at the same rate for all fetuses.

Nevertheless, the variability in newborn maturity for each gestational age is small enough so that postpartum assessments serve as a valid approximation of length of gestation (Ballard, 1979; Dubowitz, 1970). Some misclassification bias is introduced by using postpartum assessments of maturity in preterm and postterm infants. Alexander (1990) has shown that among preterm infants, gestational age is overestimated by these assessments, and among postterm infants gestational age is underestimated.

Table 2. Independent Variables

Variable Construct	Specific Measures
Pre-pregnancy maternal "endowment"	Prior stillbirth, preterm delivery, LBW, or perinatal death Parity Maternal age Interpregnancy interval
Maternal nutritional status	<ul> <li>2nd trimester weight, height and arm circumference</li> <li>4 week weight gain velocity between 24-32 weeks gestation</li> <li>Postpartum weight and arm circumference</li> <li>Maternal report of eating behaviors</li> <li>Maternal report of foods eaten in last week</li> </ul>
Health modifying/controlling behaviors	<ul> <li>Number and timing of antenatal care visits</li> <li>Content of antenatal care and type of provider</li> <li>Content of other medical care and type of provider</li> <li>Reason medical treatment sought</li> <li>Medications taken during pregnancy</li> </ul>
Prenatal/intrapartum risk factors	<ul> <li>Illness symptoms during pregnancy</li> <li>Injury during pregnancy</li> <li>Exposure to cooking or tobacco smoke, or tobacco use</li> <li>Perinatal morbidity</li> </ul>
Maternal socioeconomic status	Education     Employment     Household income (# persons living in household)     Presence of husband in the household     Material possessions
Delivery care	Where delivered     Level of training of who attended delivery     Complications of delivery     Specific behaviors of delivery attendant
Early neonatal infant care	Breastfeeding status     When breastfeeding started     Other liquids given besides breast milk     Medications given, treatment sought for infant illness

#### **Data Collection**

Trained interviewers will conduct all interviews and assessments. The birth notification system and questionnaires will be piloted on women who have recently given birth in the project area and are not likely to be pregnant again during the enrollment year.

Interviewers will be trained at Azimpur Maternity Hospital, the Salimullah Medical College (Mitford hospital) and/or Shishu Hospital on anthropometric and gestational age assessments. To test reliability at training and periodically each month, all interviewers will assess the gestational age of several babies of varying weights in a hospital. The first measure of inter-rater agreement between interviewers will be the intraclass correlation coefficient (Fleiss, 1981). This requires that each rater's estimate be categorized into one- or two-week gestational age intervals. The intraclass correlation coefficient provides a measure of agreement between several raters for categorical data. The second method of reliability testing is the Kappa statistic which compares pairs of interviewers, and requires categorizing the gestational age estimates into two (i.e. <37 weeks vs. >=37 completed weeks) or more groups (Fleiss, 1981). The kappa describes the amount of agreement between any two interviewers, adjusting for agreement due to chance alone.

The points of data collection are the following:

- (a) Second trimester (26-28 wks LMP): The woman gives informed consent to participate in the study. A short interview about pregnancy history, employment during pregnancy, and activitity level is completed; maternal weight, height and arm-circumference is obtained.
- (b) Third trimester (30-32 wks LMP): Maternal weight and arm-circumference is obtained. An interview about exposure to cooking smoke and eating behaviors during pregnancy is completed.
- (c) Within 72 hours postpartum: The participant is interviewed about perinatal outcome, breastfeeding, health status during pregnancy, and delivery care and complications/events. Birth weight, length, head and arm circumference and gestational age is taken.
- (d) Seven to nine days postpartum: Assessment of perinatal survival, and maternal weight and arm-circumference.
- (e) Two weeks postpartum: Participant is interviewed about antenatal care attendance, and content of care.

# **Enrollment of Participants and Follow-up Logistics**

A pregnant woman should be identified by the USS system within the first 16 weeks of the pregnancy. The interviewer will visit the woman between the 26th and 28th week of pregnancy to describe the study, enlist the woman's participation, give a short interview, and take the first set of anthropometric measurements.

The UHEP office will be notified of a participant's delivery from a family member or "reporter" designated by the participant at the enrollment interview. Each participant will be given a "referral card" which includes her name, study number, household address (or location), and expected date of delivery. Both she and the interviewer will decide on a household member who will be able to notify the UHEP field office of the delivery. If no household member appears to be capable of notifying the community reporter (e.g. working full time, reluctant to travel outside the house, only children in household), then a close friend or neighbor who lives nearby will be selected by the participant for assistance with notification.

A community volunteer has been assigned by UHEP in selected clusters according to UHEP's applied research program design. In these clusters, the volunteer will be utilized as a backup reporter. She will be encouraged to report all births in her neighborhood to the field office, in addition to the designated family reporter for those births. This backup system of reporting in the clusters where a UHEP volunteer resides will ensure maximum reporting of births, despite some duplication of reporting.

The designated reporter will be encouraged to report the delivery immediately after birth by bringing the referral card to the nearest field office him/herself. A schedule will be arranged with project staff to keep the office open to reporters on weekends. Directions to the office and daily office hours will be printed on the referral card. If the delivery occurs after office hours, the reporter will be instructed to bring the card in the next morning. The time and date of the delivery (if known), and when the reporter notified the office will be recorded on the referral card.

All designated household notifiers will be invited to visit the office ahead of time in order to know where it is located and to emphasize the importance of their role as reporter. At the second prenatal visit, the interviewer will spend time explaining this procedure again to both the woman and family designate, motivating them to comply. The household member or reporter who notifies the office will receive travel reimbursement for the familiarizing, and reporting visit to the office.

If a woman cannot be visited within 72 hours of birth, all measurements still will be taken. It is expected that in the case of stillbirth or early neonatal death, a birth weight will not be obtainable

because the office will not be notified in time to visit before burial. This is an unavoidable bias in a study of this nature.

Prior data from the USS show that the majority of births occurred in the woman's own home. However, births that occur in other homes (e.g. a relative's), or in a clinic or hospital in Dhaka, must still be followed-up. To facilitate following births that occur in local medical centers, the principal investigator will send a letter notifying all administrators and chief physicians about the nature and purpose of the study. We will meet with the directors of each medical center to clarify any questions or apprehensions they may have about the study, and to encourage them to measure the birth weight of the infant if possible. This initial contact with the medical centers should reduce administrative barriers to our contacting the participant during her hospital stay if her health permits.

# Sampling and Sample Size

A representative sample (N=8300-8500) of all households in the five *thana* was selected using a multistage cluster sampling method. Sample clusters of 20-55 households were defined and these clusters were the sampling units, comprising the frame from which a random cluster sample was drawn. Every household in a randomly selected cluster is enrolled in the USS.

The following sample size calculations are presented for the hypothesized risk factors for perinatal mortality. Since LBW, preterm delivery and IUGR are expected to be more common outcomes than perinatal mortality, the sample sizes estimated for perinatal mortality should be sufficient for the other two outcomes.<sup>2</sup>

Parameters	α=.05 β=.20 P <sub>1</sub> P <sub>2</sub>	probability of Type I error; corresponding $Z_{\alpha}$ = 1.96 probability of Type II error; corresponding $Z_{B}$ =.84 proportion of perinatal deaths, given absence of risk factor proportion of perinatal deaths, given presence of risk factor ratio of "unexposed/exposed"							
	P O	$[P_1 + rP_2]/(r + 1)$							
	n'	sample size of "exposed" group, uncorrected	:						
	n	sample size of "exposed" group, corrected							
	N	(r+1)n, which is the total sample size needed	•						

<sup>&</sup>lt;sup>2</sup> The two assumptions made to justify not calculating sample size for each hypothesized association are (1) the prevalence of exposure to each hypothesized risk factor for each of these other outcomes is not lower than 15%, and (2) the strength of the association between each hypothesized risk factor and each of the other outcomes of interest is comparable to the strength of association between the risk factors included in the sample size calculations and perinatal mortality.

The minimum detectable level of increased risk is estimated to be 2.0 for each risk factor, the perinatal mortality rate is assumed to be 65/1000, and the sample size calculations are for two-tailed tests.

The following formula from Fleiss (1981, pg. 45) is applied:

$$n' = \frac{(z_{\alpha/2}\sqrt{(r+1)\overline{PQ}} + z_{\beta}\sqrt{rP_{1}Q_{1} + P_{2}Q_{2}})^{2}}{r(P_{2} - P_{1})^{2}}$$

Where,

$$n=n'+\frac{r+1}{r|P_2-P_1|}$$

Table 3. Sample size estimates for different independent variables, where perinatal mortality is the dependent variable.

Risk factor (estimated prevalence in study cohort)	% Deaths among unexposed (P <sub>1</sub> )	% Deaths among exposed (P <sub>2</sub> )	Required # in exposed group (n)	Required sample size (N)	Study Power Given N=1139
Maternal postpartum weight < 40 kg (40%)	4.6	9.2	421	1053	85.9%
Smoke exposure during pregnancy (30%)	5.0	10.0	322	1073	85.2%
Antenatal care not received (60%)	4.0	8.0	768	1280	78.7%
Unsafe delivery practice (50%)	4.3	8.6	557	1114	84.1%

These sample size estimates are highly dependent on the prevalence of the risk factor in the population, the perinatal mortality rate, and the strength of association. The rarer the risk factor, and the lower the perinatal mortality rate, the harder it becomes to identify a crude association of at least RR=2.0 with this sample size. There is no data on this population describing the prevalence of exposure to the above risk factors, except a recent study on maternal nutritional status, which did show that 40% of all non-pregnant women were below 40kg (Baqui, 1993).

Based on preliminary data from the USS, an estimated 2034 pregnancies would be recorded over 12 months. All pregnant women who are identified by the USS should be screened for eligibility. However, based on estimates of the proportion of women who will be unable or unwilling to fully participate, a completed sample size of N=1139 is anticipated.

This estimate takes into account attrition due to refusals (5%), ineligibility (6%), and out-migration (23%), resulting in a sample of 1395 pregnant women who carry beyond 28 weeks gestation. Out of these 1395 births, an estimated 15% will not be successfully visited within 72 hours of pregnancy termination. Taking into account further attrition and possible late refusals postpartum, a total of 1139 women will have fully participated (i.e. having been visited within 72 hours of delivery and having completed the three postpartum interviews). See appendix B for a justification of these estimates.

A completed sample size of N=1139 should be sufficient to test the associations between risk factors in Table 3 and perinatal mortality, as well as the risk factors of interest for LBW and preterm delivery.

# Data Management and Analysis Plan

All questionnaires and assessments will be reviewed by the investigator for completeness and accuracy. When possible, an interviewer will return to the field to clarify answers, or collect missing information. After editing, the data will be entered into a database. Range and consistency checks will be programmed into the data entry program to improve accuracy. Data will be periodically "cleaned" by running frequencies to identify outliers.

Stage I: Descriptive Statistics and Classifying/Recoding Data

Descriptive statistics (mean, median, variance, frequency tables) will be examined to assess the distribution characteristics of the dependent and independent variables. Some of these variables will then be recoded and/or grouped into categories for bivariate analysis as appropriate. Estimates of rates and proportions will be expressed within 95% confidence intervals.

Stage II: Crude and Adjusted Bivariate Analysis

Bivariate associations will be identified using the chi-square test. The t-test will be used to compare means of continuous dependent measures of two independent groups (Daniel, 1987). Some adjusted bivariate associations or interactions will be estimated by stratifying the data on potential confounding characteristics (Schlesselman, 1982). Confidence intervals around odds ratios and relative risk estimates will be calculated using Woolf's method (Kahn and Sempos, 1989).

# Stage III: Multivariable Analysis Using Regression Modeling

Regression techniques will be used to identify important determinants of each dependent variable outlined in this study. Regression models can simultaneously control several confounding factors and include interaction terms, providing estimates of the independent effect of variables of interest (Kleinbaum et al., 1988).

For perinatal mortality, logistic regression will be used; linear and logistic regression will be used to predict gestational age and birth weight (defining these outcomes on a continuous scale and dichotomously as preterm delivery and LBW). Several different models will be built to determine whether each of the four to five hypothesized variables are related to the three dependent variables. The first part of regression analysis is concerned with assessing the affect of confounding variables on the relationship between the hypothesized independent variables and the dependent variables. The second part of regression analysis is an exploration of pathways of influence of independent variables.

Part 1--Example: To assess whether exposure to cooking smoke is related to perinatal mortality, the selected measure of exposure will be entered first into a regression equation, and potential confounders subsequently entered. These may include socioeconomic status, use of antenatal or delivery care, and nutritional status. A variable will be considered a potential confounder if it is related to the exposure (cooking smoke) and to the outcome (as determined in stage II bivariate analysis). If the beta cooefficient (which corresponds to an odds ratio) is changed by the presence of the confounding variables in the model, it can be interpreted that exposure to cooking smoke is not an independent risk factor for perinatal mortality; it is confounded by the other variables in the model. The amount of change required in the beta coefficient to determine whether there is confounding is not subject to a statistical test of significance, however, if the independent variable was significantly related to the outcome before entering confounders and becomes non-significant after confounders have been entered, then the presence of confounding is quite clear.

Part 2:--Example: Assuming that cooking smoke has been determined in prior analysis stages to be a risk factor for LBW, this part of analysis would attempt to determine whether the effect of cooking smoke exposure is "mediated" by weight gain velocity (i.e. smoke causes LBW by slowing the rate of weight gain in the second/third trimester). The analysis question to be tested is whether smoke exposure is "confounded" by weight gain velocity and the methods of analysis are then similar to those in part 1. If the effect of cooking smoke exposure on LBW is reduced after weight gain velocity has been entered into the

regression equation, then it can be concluded that smoke exposure effects LBW through reduced weight gain in the second/third trimester.

#### Stage IV:

The prevalence of risk factors in the community, and the incidence of all outcomes of interest, can be estimated from this study since it follows a cohort of all eligible pregnant women in a probability sample representative of the urban slums of Dhaka. Therefore, adjusted attributable risks can be calculated from the adjusted odds ratios estimated by logistic regression, and the prevalence of the risk factor in the community. This measure can be interpreted as the estimated amount of reduction in the incidence of the outcome if a given risk factor could be eliminated. The attributable risk percent will be calculated for all statistically significant determinants of each outcome of interest (Kahn and Sempos, 1989).

## **Ethical Implications**

This study does not involve any invasive measures, or prescribing different treatment protocols to sample groups. However, it does require the collection of sensitive health information, and the handling of potentially fragile and sickly infants. This leads to three potential ethical problems.

The first ethical problem is the identification of serious health problems, for which the study itself prescribes no specific treatment. If a study interviewer is told about, or observes symptoms of serious maternal or infant morbidity, she will refer these women or their families to the nearest appropriate medical facility. A collaborative agreement will be made with specialists at Dhaka's Salimullah Medical College (Mitford hospital) to receive referrals. When a referral is made to Salimullah, the interviewer will give the woman a referral card that identifies her as part of this study. The interviewer will report all referrals made to her supervisor who will ensure that they are followed-up. Women who do not seek medical attention after a referral is made will be motivated to do so by the interviewer, or her superivisor, and accompanied to the medical facility if necessary.

The second ethical problem is related to taking a birth weight and doing a gestational age assessment on preterm or sickly infants. To minimize any risk of hypothermia, the infants will be wrapped in a warm cloth for weighing. Interviewers will be trained to complete the gestational age assessments without unwrapping the infant entirely. If the infant needs an immediate referral for emergency care, the interviewer will forego any physical assessment or maternal interview and offer to take the mother and infant to the hospital.

The third ethical problem is the confidentiality of the information gathered in this study. Much of it is sensitive and personal, involving a woman's reproductive behaviors and health. To protect each participant's privacy, interviewers will only conduct the interviews alone with the woman, unless the participant herself invites other family members to listen.

# **Informed Consent and Confidentiality**

Each questionnaire will be numerically coded, with the identification register kept locked in the UHEP office. Questionnaire codes will be recorded on a master sheet where the name of the interviewee and location of the house are noted. All data entry will use the code number for identification. All staff and interviewers will be counseled about the sensitive nature of some of the information collected, and on the need for strict confidentiality of records.

Informed consent will be obtained from each participant verbally by the interviewer. The interviewer will first explain the purpose of the study, requirements of participation, and risks and benefits to the participant. The majority of this population is unable to read, so a verbal consent is reasonable. However, a written copy of the informed consent form will be given to each participant for reference and documentation.

# D. Significance

This proposed research is important for four reasons. First, it will provide epidemiologic estimates of the incidence of LBW, preterm delivery and perinatal mortality for the urban poor in Bangladesh. Such important baseline data will be useful in the evaluation of health programs for this population.

Second, it will provide information to make program recommendations to improve maternal and child health services and interventions in the urban slums of Dhaka. Priority areas for training of antenatal and delivery service providers will be identified, and appropriate educational/motivational activities will be designed according to the risk factors identified by this study. Health intervention programs can be made more cost-efficient by focusing on the amenable risk factors that contribute substantially to poor pregnancy outcomes in this community.

Third, the prospective study design allows (a) the measurement of bias due to attrition; (b) prospective measures to be taken of maternal nutritional status, birth weight, gestational age and assessments of newborn maturity; and (c) different analytical questions to be defined and answered

simultaneously (i.e. because data will not be limited to "cases" and "controls" selected on predefined criteria).

Fourth, this proposed study will contribute to the literature on determinants of maternal and perinatal health in urban populations of developing countries.

# E. Facilities Required

The UHEP's office and photocopy facilities are sufficient. Bathroom scales for adults and birth weight scales will be purchased. Infant length boards and maternal height measuring sticks will be designed and built locally. Arm circumference measuring tapes will either be purchased or homemade. The budget (Appendix C) includes money for equipment, supplies, and a computer.

# F. Collaborative Arrangements

An agreement will be made with specialists from Salimullah Medical College (Mitford hospital) in obstetrics/gynecology and pediatrics so that referrals can be made from project staff when necessary, or if a woman asks for medical care. These specialists will review all training materials, and assist in developing a decision-making protocol to help interviewers make appropriate referrals to the hospital.

Collaboration between the principal investigators of the two other related studies on the same cohort of pregnant women and their infants has been ongoing. One of these other studies proposes to examine maternal postpartum morbidity and decision-making about a delivery care provider, another study proposes to examine the role of birth weight on infant mortality.

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### APPENDIX E: STUDY TIMELINE

ACTIVITY	1	 0	1	2	3	4	5	6	STUD 7	OM YO	<b>МІН</b> 9	10	11	12	13	14	15	16	17	18	19
Hire and train interviewers					The same state of the same																
Enrollment							<del></del>														
Data collection														<del></del>						_	
Computer programming for data entry													·		_						
Questionnaire codebook developed			*****																		
Coding and data entry		 -																			
Data cleaning														· <del></del>							_
Data analysis																					
Report writing and dissemination of findings								-								<u>.</u>					

# Responsibilities of Investigators and Project Staff

Principal Investigator 1: Has ultimate responsibility for all aspects of study design, methodology and accountability to ICDDR, B review, UHEP director and research director. Develops computerized tracking system to manage enrollees.

Research co-investigators (Selina Amin; Shams el Arifeen):
Assists in hiring and training of interviewers; communicating
with collaborating and non-collaborating hospitals and clinics
(where subjects may be referred for care, and where subjects may
deliver); codes questionnaires for data entry; supervises the
Field Research Officer; writes reports and articles on progress
of study and findings. Liases with UHEP staff to secure
necessary materials for locating potential participants (maps),
and purchasing necessary equipment and supplies. Translates
questionnaires and consent forms into Bengali.

Co-investigator (Abdullah Baqui): Provides technical assistance and epidemiological consultation. Holds weekly meetings with study investigators to facilitate integration with the UHEP program and problem-solve with technical or logistical issues. Assists in writing findings and publications.

Field Research Officer: Manages field logistics of project which includes the following activities: Assists with training of interviewers. Copies blank questionnaires and other forms and distributes to field offices, monitors money spent out of field offices on travel. Reviews and edits all completed questionnaires. Accompanies interviewers to field on selected interviews to ensure standard quality of interviews, and for reliability testing.

Liases with the USS interviewers and receives reports of pregnant women from USS. Manages computerized tracking data on enrollees and their due dates for delivery and visits. Generates reports to interviewers on who to follow-up and when, and generates reports to investigators on total number enrolled, completed, etc.

Assists in coding questionnaires for data entry.

Interviewer: Participates in all training and reliability sessions. Conducts all 5 interviews, and anthropometric assessments. Reviews and edits interviews after completion, and returns to the house to make correction if necessary.

Programmer: Programs computer for data entry, and assists in some programming for data cleaning and analysis if necessary.

Data entry assistant: Enters data after coding. Runs basic frequency tables for data cleaning, and summarizing.

#### APPENDIX C: BUDGET

	UNIT COST/JUSTIFICATION	YEAR 1	YEAR 2 + 10% <sup>1</sup>	SUB-TOTALS
<u>STAFF</u>		,		•
Co-Investigator	(To be determined)			
Co-Investigator (on staff)	625/mo for 19 mos @ 50%	3,741	2,197 + 220	6,158
Field Research Officer	379/mo for 19 mos	4,548	2,653 + 265 '	7,466
Programmer	2.83/hr for 320 hrs	571	335 + 34	940
Data entry assistant	237/mo for 15 mos @ 50%	2,240	1,315 + 132	3,687
Interviewers in field	237/mo for 150 person mos <sup>2</sup>	22,397	13,154 + 1,315	38,866 .
Interviewers in training	237/mo for 12 person mos	2,844		2,844
÷				59,961
TRAVEL	2.75 / Julius (2.75 / 1.5)	4,944	2,903 + 290	8,056
Notifiers of delivery	3.75/delivery @ n = 1395(1.5)		3,074 + 307	8,614
Interviewer visits	1.00/visit @ 8307 visits	5,233	3,074 + 307	0,014
Missed visits/emergency	1.00/visit @ 8307(30%) = 2492	1,570	922 + 92	2,584
visits to hospital	1.00/visit  (0.8307(30%) = 2492 1.00/visit  (0.8307(15%) = 1246	785	461 + 46	1,292
Investigator/Supervisor visits	1.00/VISIL (0.830/(13%) = 1240	100	401 + 40	1,272
				20,546
FIELD EQUIPMENT/SUPPLI				! .
Gumcha to wrap baby	1.00 ea @ n=1395	879	516 + 52	1,447
Birth weight scale	500.00 ea @ qty 6	3,000	•	3,000
Maternal weight scales	30.00 ea @ qty 6	180		180
Other anthropometric				
equipment	50.00 ea set @ qty 6	300	:	300
			· · · · · · · · · · · · · · · · · · ·	4,927
EXPENSES/SUPPLIES			<u> </u>	1
Photocopy	.05 ea @ 50,000 pp	1,575	925 + 93	2,593
Computer and supplies	1 PC, discs, surge protector	4,000	1	4,000
Other office supplies	papers, pencils, etc.	1,000		1,000
				7,593
avin money nanom		:		00.005
SUB-TOTAL DIRECT				93,027
Indirect overhead	32%		<del></del> .	29,769
TOTAL		,		122.796

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<sup>&</sup>lt;sup>1</sup> The total study is for 19 months, with 12 months in year 1 and 7 months in year 2. Thus, year 1 costs are usually 63% of the total costs, unless the item is purchased at the beginning of the study, or in the case of interviewer training costs which occur in year 1 only.

These 150 person months includes 12 different interviewers hired over a period of 16 months. See appendix D for staff justification.

#### **Abstract Summary for ERC**

Protocol: Determinants of Birth Weight, Gestational Age, and Perinatal Mortality Among the Urban Poor in Dhaka, Bangladesh

The purpose of this study is threefold. First, to determine the incidence of perinatal mortality, low birth weight (LBW), intrauterine growth retardation (IUGR), and preterm delivery in an urban slum population of Bangladesh. Second, to test several hypotheses about the relationship between suspected risk factors for poor perinatal outcome in this population.<sup>1</sup> And third, to estimate the contribution of known risk factors for poor perinatal outcome to the extent of poor perinatal outcome observed in this population (the attributable risk percent).

The methods and procedures used by this study are summarized in the following points, as specified by the Committee in Attachment 1a.

- The required subject population of this study is pregnant women. The participants will be able to give voluntary informed consent. Data will, however, also be collected on the weight, gestational age, length and arm circumference of the subjects' live born neonates. Informed voluntary consent to conduct this assessment of the infants will be obtained from the mother (and father if he is present during the first postpartum interview when these measures are scheduled to be taken).
- This study poses no physical risks to the mother. Since the interviews deal with sensitive information about a woman's reproductive history and health, there are social and psychological risks to the mother (and her family) if the data are not kept confidential. There are no alternative research methods, however, besides interviewing the mother. There is no foreseeable likelihood of any legal risks to the participants' of this study, as no questions asked relate to the legal status (e.g. illegal behaviors) of a woman or her family.
- To minimize risks to the mother, interviews will not be done in the presence of others, unless the participant has consented to or requested their presence. See paragraph (4) for a description of how confidentiality of the data will be maintained, and how each respondent's anonymity will be established on data records. Interviewing a mother soon after a perinatal death poses potential psychological risk to the mother; interviewers will be instructed to reschedule the interview if the mother prefers to wait.

There are no physical, psychological or social risks to the infant. All infants will be wrapped in a cloth of known weight to prevent any cooling of the infant during weighing. Anthropometric assessments pose no physical risk to infants.

The specific hypotheses are: (1) Is (a) poor maternal nutritional status, (b) passive exposure to tobacco or cooking smoke, or (c) lack of antenatal care utilization by a qualified practitioner, related to increased risk of perinatal mortality, intrauterine growth retardation, and preterm delivery in this population? (2) Are symptoms of genital tract infection during pregnancy related to increased risk of preterm delivery in this population? And (3) Is delivery with an untrained attendant related to increased risk of perinatal mortality in this population?

Every interview, upon completion, will be filed by a unique identifying number and kept in a locked cabinet. Only study staff with job responsibilities related to data collection will be allowed access to the cabinet storing completed interviews. The respondent's name will not be on the filed interviews, but will be on a cover sheet attached to the uncompleted interview (to facilitate the interviewer in finding the household and designated participant).

A separate list linking each respondent's name to her study ID number will be held by the principal investigator and field managers. When a respondent has completed an interview, her name and address will be removed, leaving only the unique identifier to distinguish her interviews from another respondent's and linking the interviews together.

Data entered onto the computer will not include the names or addresses of the respondents, but will include the unique identifier. All name and address sheets that have been removed from the completed interviews will be retained by the investigator in a locked cabinet. Only the investigator will have access to this material.

Potential participants will be identified by the Urban Health Extension Project's Urban Surveillance System (USS), which monitors at three-month intervals all vital and demographic events occurring in each selected household. The date of the last menstrual period (LMP) is collected at each three month visit, so all pregnancies should be identified before 16 weeks LMP by USS interviewers who will then notify the investigator of the woman's name, age, LMP and household location.

An interviewer assigned to a designated area will visit the eligible woman in her home to introduce herself and describe the study. The interviewer will discuss the purpose, requirements, and risks/benefits of the study with the pregnant woman. Since most women are illiterate and not accustomed, or comfortable with signing forms, a woman's verbal agreement to participate will be considered sufficient consent. The interviewer will act as a witness to the woman's verbal consent. A copy of the consent form in Bengali will be given to the woman however.

- (a) NA--consent will be obtained.
- (b) NA--information will not be withheld from a subject.
- (c) The attached consent form states that the subject's confidentiality will be protected. Compensation and/or treatment is not provided by this study for any invasion of privacy. There are no physical risks incurred by the subject or her neonate in this study. The consent form states that referral for treatment will be provided and the research protocol states that all referrals will be followed-up and participants motivated to seek care when necessary (e.g. by accompanying them to the hospital when necessary).
- 6) All interviews will take place in the woman's own home. The following is an outline of the timing, content, and time required of each visit:
  - (a) Second trimester (24-28 wks LMP): Enrollment discussion and informed consent obtained.

    Interview about pregnancy history, employment and current activity level is completed; maternal weight, height, head and arm-circumference is measured (30 minutes required).

- (b) Second-Third trimester (28-32 wks LMP): Maternal weight and arm-circumference is measured. Interview about exposure to cooking smoke and eating behaviors during pregnancy is completed (30 minutes).
- (c) Within 72 hours postpartum: Interview about perinatal outcome, breastfeeding, maternal morbidity during pregnancy and postpartum, and delivery care and complications/events. Infant birth weight, length, head and arm circumference and gestational age is taken (90 minutes).
- (d) Seven to nine days postpartum: Assessment of perinatal survival; maternal weight and arm-circumference is taken (<15 minutes required for this portion of interview). NOTE:

  This visit also will include an interview about infant health and breastfeeding for a related study of birth weight and infant mortality. (Total time required of the visit is 30 minutes, if the woman is participating in both studies).
- (e) Fourteen to Eighteen days postpartum: Interview about antenatal care attendance, content of care, and health during pregnancy (30 minutes required for this portion of interview).

  NOTE: This visit also will include an interview about maternal postpartum morbidity, health care seeking behaviors during pregnancy, and opinions/attitudes of delivery care providers for a related study of postpartum morbidity and maternal decision-making about delivery care providers). (Total time required of women participating in both studies is 90 minutes).
- 7. The only benefit to participation in the study is medical referral when necessary. All women who are referred will be given an identifying card (and accompanied by an interviewer if necessary) so that they are received and cared for in a timely manner.

This study is important because it can provide population-specific information to public health programs in Dhaka city that could help them to shape program recommendations for improving perinatal outcome. The prevalence and attributable risk of all hypothesized factors, as well as other known prenatal risk factors, will be determined to inform planners of health services.

This study also can make a contribution to the literature on risk factors for poor pregnancy outcomes, particularly preterm delivery, because it focuses on factors that either deserve further study, such as cooking or passive smoke exposure and symptoms of genital tract infection, or risk factors that may play an important role in severely disadvantaged populations, such as maternal nutritional status and use of antenatal and delivery care. Furthermore, it can contribute to the international literature on poor perinatal outcome in developing countries, especially in urban settings.

## INTERNATIONAL CENTRE FOR DIARRHOEAL DISEASE RESEARCH, BANGLADESH (ICDDR,B)

#### URBAN HEALTH EXTENSION PROJECT

Verbal consent form for participation in the research study:

Determinants of Birth Weight, Gestational Age and Perinatal Mortality Among the Urban Poor in Dhaka, Bangladesh

The Urban Health Extension Project at ICDDR, B (Cholera Hospital) is conducting a special study on women who have babies delivered in Dhaka.

The purpose of the study is to find out more about women in Dhaka who are having babies, and to find out more about the health of the mother and the baby after delivery. We want to do this by asking you some questions before and after your delivery. The questions will be about your health during this pregnancy and delivery, and about the health of your baby after the delivery.

If you agree to participate in the study, I would like to ask you a few questions today about your current activities and prior pregnancies. Then we will measure your weight, your height, and your arm size now so that we understand better the nutrition of pregnant women. I will come back after one month to check your weight again, and also to ask a few more questions. I will visit as soon as possible after your delivery to see how you and your baby are doing. Then I will visit you two more times in the next few weeks.

There is no possibility of harm coming to you or your newborn as a result of participating in this study. If, during our visits, we find that you or your baby is not well, we will help you obtain treatment by referring you to a nearby hospital.

We know that some of the questions we will ask you about your health, pregnancy, and family will be personal. Therefore, we will keep all of your answers secret. That is why this questionnaire does not have your name written on it.

If there are any questions which you do not want to answer, that is okay. Even if you decide not to answer the research questions, you will always be able to use the services at the Cholera Hospital as usual. If you have any questions about the study, you can contact the principal investigator, Gretchen Antelman, or the Urban Health Extension Project, at the telephone number 600003 (or through the staff at the nearest UHEP field office--see your "referral card" for the location).

Do you agree to participate?

Signature of Interviewer Date of Consent

Signature of Principal Investigator



Phone: 600171-78 Telex: 675612 ICDD BJ : 880-2-883116 Fax Cable : Cholera Dhaka

GPO Box 128, Dhaka-1000

Bangladesh

Mail

Urban Health Extension Project

"বাংলাদেশের ঢাকা নগরীর দরিদ্রদের মধ্যে গভাবিস্হার বিভিন্ন পরিনামের কারন সমুহ" গবেষনায় অংশগ্রহনের জন্য মৌলিক সম্মতি পতা।

আরবান হেলা অন্ত্রাটেনসন প্রজেকট আনুজাতিক উদরাময় গবেষণা কেন্দ্রে কেলেরা হাসপাতালে), ঢাকা শহরে যে সব মহিলাদের বাচ্চা হয়েছে, তাদের উপর একটি বিশেষ গবেষণা চালাচেছ।

এই গবেষণার উদ্দেশ্য হচেছ, শহরের যে সব মহিলাদের বাচ্চা আছে, তাদের ও বাচচা হবার পর মা ও বাচচার স্থাস্থ্য সম্মনেধ আরো ভালভাবে জানা । আপনার বাচ্চা হবার আগে ও পরে আপনাকে কিছু প্রশ্ন করে আমরা এই কাজু করতে চাই । আপনার বর্তমান গভবিত্রা সম্পর্কে এবং বাচ্চা হওয়ার সময় ও বাচচা হবার পর আপনার এবং বাচ্চার শরীর কেমন আছে সে সম্মনেধ প্রশ্ন করা হবে

আপনি যদি এই 'শবেষণায় অংশ নিতে রাজী থাকেন, তাহলে আজকে আপনার वर्षभाम कास्कर्म এवर वृर्ववर्षी गर्जावण्या प्रमुद प्रध्नपद्ध किंदू प्रभ कद्राठ हारे । এখন আমি আপনার ওজন, উচ্চতা ও হাতের মাপ নেব । যাতে একজন গর্ভবর্তী महिनात नुषि नम्नदर्भ जामि जारता जानजारन नुभरं नाति ।

একদাস পর আমি আবার আপনার ওজন নিতে আসব । তখন আপনাকে আরো কিছু প্রশ্ন করবো । বাচচা হওয়ার পর যত তাড়াতাড়ি সম্ভব আপনাকে ও আপনার বাচ্চাকে দেখতে আসব । পরবর্তী কয়েক স্পুত্রে আমি আরও দুর্বার অপিনাকে দেখতে অসেব

আমাদের এই গবেষণায় অংশ নিলে আপনার ও আপনার বাচ্চার কোন আঘাত পাওয়ার সম্ভাবনা নেই । কিন্তু আপনাকে দেখতে আসার সময় আপনি বা আপনার বাচ্চা অসুস্হা থাকলে আমরা আপনাকে নিকটবর্তী হাসপাতালে চিকিৎসার জন্য পাঠানোর ব্যবিস্হা করবো ।

আমরা জানি যে আপনার স্থাস্হা, ও গভবিস্হা পরিবার সম্মনের আমরা যে সব এল করবো, তার কিছু এল খুবই ব্যক্তিশ্গত । সেজন্য আপনি যা বলবেন তা খুবই গোপন রাখা হবে । এই জন্যই এলুমালায় আপনার নাম থাকবে না ।

वमन किছু अस यिष थाक या जापनि उँछत पिछ ना हान हार विद्वास जन्निया नार । जापनि वर्षे गद्यस्पात अस्पूर्णात उँछत ना प्रक्षात निष्धानु निष्ति ज्ञापनि मन् प्रमान प्रवाहीिक कर्णता रामपाहार्णत प्राण्या प्राण्या क्राण्या क्राण्या व्यापनि व्यापनि व्यापनात क्ष्म थाक हार्रण ज्ञापनि ज्ञापनि व्यापनात क्ष्म व्यापन व्यापनि व्यापनात क्ष्म व्यापन व्यापनि व्यापनात व्यापन व्यापन

আপনি কি এই গবেষণায় অংশগ্রহণ করতে রাজি আছেন ?

সম্মতি গ্রহণকারীর স্থামর

সদ্মতির তারিখ

মূল গবেষকের স্থান্দর

# INTERNATIONAL CENTRE FOR DIARRHOEAL DISEASE RESEARCH, BANGLADESH (ICDDR,B)

#### URBAN HEALTH EXTENSION PROJECT

Written consent form for participation in the research study:

Determinants of Birth Weight, Gestational Age and Perinatal Mortality Among the Urban Poor in Dhaka, Bangladesh

We have been asking you several questions about your pregnancy and your baby for this study.

In order to understand how your health was during your pregnancy, we are required to ask you some questions now about your gynecological health during the time that you were pregnant.

If you agree to answer some simple questions right now, please sign below.

	/ /
Signature of Respondent	Date of Consent
	/ /
Signature of Interviewer	Date of Consent

#### PROJECT FRAMEWORK

### Determinants of Birth Weight, Gestational Age, and Perinatal Mortality Among the Urban Poor in Dhaka, Bangladesh

Objective:

To estimate the incidence of poor perinatal outcome, and the effects of poor maternal health and nutrition, smoke exposure, and lack of medically trained antenatal and delivery care on perinatal outcome in this population.

Activities/Output	Indicators of achievement	How indicators can be quantified/assessed	Assumptions
Design study, write and review protocol and budget, develop questionnaires, locate appropriate equipment (e.g. birth weight scale), obtain approval from ICDDR,B for research.	<ul> <li>Study protocol completed and approved.</li> <li>Draft questionnaires ready for pilot testing.</li> <li>Equipment for study selected and ordered.</li> </ul>	- Study begins.	- Review boards are satisfied with the study design Appropriate, affordable, and feasible equipment is available.
Develop pilot test protocol, and implement the pilot test of the design and questionnaires.	<ul> <li>Pilot test protocol completed and pilot test implemented.</li> <li>Necessary modifications made to design and questionnaires.</li> </ul>	- Written report detailing how pilot test was implemented and what changes were made to study plan.	- Sufficient staff, equipment, and participants (e.g. pregnant women) can be mobilized during the pilot test phase.
Hire and train interviewers.	- Training materials completed. - Hiring completed.	- Sufficient staff hired and trained Reliability in gestational age, birth weight, infant length, and arm circumference measurements tested and adequate.	- Sufficient applicants with qualifications Interviewer ability to learn and demonstrate consistency and accuracy in taking measurements, and administering questionnaires.

Activities/Output	Indicators of achievement	How indicators can be quantified/assessed	Assumptions
(1) Recruitment of pregnant women to participate in the study.  (2) Notification of each participant's delivery soon afterward by either a family member, a UHEP volunteer, or a designated "notifier" from the neighborhood.	- Adequate percentage of all pregnant women identified who qualify for the study agree to participate Participants are followed-up as long as they remain in Dhaka for their delivery and can be located Adequate percentage of deliveries are reported to the UHEP field office within 3 days.	- A high percentage (>90%) of eligible women agree to participate in the study Loss to follow-up of participants who have agreed to participate and remain in Dhaka is low (<10%) A high percentage of deliveries are reported within 3 days (90%).	- Women in the UHEP slum areas look favorably on UHEP and ICDDR,B and will be willing to cooperate with little personal gain Women who move away during their follow-up will notify the field office, or be traceable by a neighbor or family member The family member, UHEP volunteer, and notifier will be willing to act promptly in notifying the field office of any delivery as soon as possible.
Supervision of field activities and monitoring of data quality.	- Collaborating investigators and field supervisors hold regular meetings to review progress and problems in the study or in the data collected Regular meetings held with project interviewers Periodic reliability testing of interviewers' measurements conducted.	- Quality of data (e.g. completeness and accuracy) remains high throughout the study.	- Management meetings, interviewer meetings, and reliability testing and re-training are interesting and productive.
Questionnaire coding.	- Standardized codebook in use by coders Questionnaires coded soon after completion and editing (within 1 week).	- Codebook (and case definitions) available in final technical reports for review.	- Open-ended questions can be meaningfully coded.

Activities/Output	Indicators of achievement	How indicators can be quantified/assessed	Assumptions
Data entry and cleaning.	<ul> <li>Data entry program written to include range and consistency checks.</li> <li>Frequency tables and cross-tabulations printed out and checked for outliers and illogical data.</li> </ul>	- Technical report on data management and cleaning available for review.	- Most data entry or interviewer errors will be evident from questionnaire editing, data entry checks, and data cleaning.
Data analysis and dissemination of findings and recommendations.	- Descriptive and analytic research questions addressed in analysis Estimation of biases due to non-participation, loss to follow-up, or measurement bias completed Generalizability of findings to target populations of urban slum dwellers described by demographic profile of participants.	- Descriptive report describing who participated, who did not participate or was lost, and what is the incidence of poor perinatal outcomes Analytical report on the determinants of each specific poor perinatal outcome measured in this study Summary report emphasizing public health implications and recommendations for health programs in the urban slums All reports will be adapted to reach a wider international audience through peer-reviewed scientific and public health journals.	- Technical ability to analyze data Collaboration with and technical advice from experts at ICDDR,B and academic institutions.

Papers to be written based on above research:

- (1) The incidence and determinants of low birth weight among the urban poor in Dhaka, Bangladesh.
- (2) The incidence and determinants of perinatal mortality among the urban poor in Dhaka, Bangladesh.
- (3) Maternal health and pregnancy outcomes in the urban slums of Dhaka: A priority for "Child Survival."
- (4) More on specific risk factors of interest depending on data results (e.g. "Maternal nutritional status and eating behaviors..."; "Antenatal and delivery care utilization...").
- One paper discussing the risk factors for growth retardation and preterm delivery, addressing possible differences in risk factors for proportionately versus disproportionately growth retarded newborns (might be combined with LBW paper in (1)).

## APPENDIX A: OPERATIONAL DEFINITIONS OF INDEPENDENT VARIABLES

Variable	How treated in Analysis (Type)	Measurement and Definition
Prior poor pregnancy outcome	Binary (yes/no).  Ordinal (# of prior poor outcomes).	History, based on maternal self-report, of prior stillbirth or miscarriage, preterm delivery ("too early birth"), LBW ("smaller than usual"), or perinatal death.
Parity Gravidity	Binary (primipara/multipara).  Ordinal (# of prior live births/pregnancies).	History, based on maternal self-report, or number of prior live births and pregnancies.
Maternal age	Ordinal categories according to distribution of data.  Continuous (# of years).	History, based on maternal self-report (may be taken from USS database).
Interpregnancy interval	Ordinal categories according to distribution of data.  Continuous (# of months).	History, based on maternal self-report (may be verified against from USS database).
Maternal nutritional status	Ordinal categories according to distribution of data.  Continuous (as measured).	Anthropometric assessment of 2nd trimester weight, height and arm circumference, 4 week weight gain velocity between 24-32 weeks gestation, and postpartum weight and arm circumference.
Maternal nutritional behaviors	Categorical (yes/no) or other response categories depending on question.	Maternal self-report on beliefs about how much a pregnant woman should eat; how much respondent has been able to eat during this pregnancy; kinds and amounts of food eaten in past week; and whether respondent eats with husband and family or eats after others have finished.
Antenatal care utilization	Ordinal categories based on either total number of routine visits, or content of examinations and care received.  Scale score based on combination of relevant measures such as timing, frequency, content, and provider qualifications.	Maternal self-report on the number and timing of antenatal care visits; the content of antenatal care and type of provider.  Must examine data before determining details of a scale which takes into account both the timing and frequency of ANC, as well as quality/content of care (e.g. were certain procedures performed, was woman counseled about basic health during pregnancy, what were the qualifications of the provider).
Other medical care utilization	Categorical based on types of treatment received or medications taken.	Maternal self-report on the content of other medical care received, reason sought, type of provider, and any medications taken during pregnancy.
	Scale score developed according to medical advisor's assessment of danger to fetal health.	An expert medical opinion will assist in interpreting the potential danger of some locally available medications and treatments.

April 5, 1993

Variable	How treated in Analysis (Type)	Measurement and Definition
Prior poor pregnancy outcome	Binary (yes/no).  Ordinal (# of prior poor outcomes).	History, based on maternal self-report, of prior stillbirth or miscarriage, preterm delivery ("too early birth"), LBW ("smaller than usual"), or perinatal death.
Prenatal /intrapartum morbidity	Binary (presence/absence).  Categorical (type of illness/complication).	Maternal self-report of illness symptoms, injuries or complications experienced during pregnancy. Severity measured by number of bed days may be used as part of some case definitions.
· · · · · · · · · · · · · · · · ·		Symptoms assessed will be: blood pressure (if measured and self-reported by respondent), diabetes (if diagnosed previously and self-reported by respondent), convulsions, vaginal bleeding, consciousness after delivery, vaginal discharge or urine problems, pain or tenderness in legs, heart problems, vomiting, edema, headaches /dizzy spells /visual disturbances, diarrhea, respiratory tract infections; general assessment of health and activity level, and physical injury. Specific definitions of each of these categories of illness symptoms will be determined according to the medical advisor's assistance.
Prenatal exposure to cooking/tobacco smoke	Binary (smokes/doesn't smoke).  Categorical according to amount smoked, or estimated number of hours per day exposed to passive cooking or tobacco smoke.	Maternal self-report on questions about her own smoking behaviors during pregnancy, estimated number of hours per day she is exposed to others smoking cigarettes, and estimated number of hours per day she is exposed to cooking smoke from biomass fuels (type of fuel used may be examined separately, controlling for hours of exposure).
Maternal socioeconomic status	Binary (literate/illiterate; employed outside home/not employed outside home; earning own income/not earning own income; presence/absence of husband in household).  Categorical (# of years of education; amount of own income; amount of household income; types of material possessions in household).  Scale score developed according to a	Maternal self-report of educational level and skills (literacy, additional training received), current employment and employment just prior to pregnancy, earnings from employment or other income-generating activities, household income (controlling for # persons living in household), presence of husband in the household.  USS collects information on material possessions, money borrowing history and status, and other related data elements such as type of latrine and material house is made of.
	few key elements found to be related to pregnancy outcome (e.g. education, indicators of respondent's independence or "empowerment," and wealth of household as measured by income and assets).	

Variable	How treated in Analysis (Type)	Measurement and Definition
Prior poor pregnancy outcome	Binary (yes/no).  Ordinal (# of prior poor outcomes).	History, based on maternal self-report, of prior stillbirth or miscarriage, preterm delivery ("too early birth"), LBW ("smaller than usual"), or perinatal death.
Delivery care	Categorical based on location of delivery or level of training of attendant (ordinal). Categorical based on content of care controlling for provider type/qualifications (e.g. were basic elements of safe delivery kit used, what interventions or examinations were done, what medications were given).	Maternal self-report on location of delivery and who attended. Complications and specific procedures will also be determined through maternal self-report. Data, if available, from interviews with the local midwives (dai) for the collaborating study on maternal morbidity also will be used to supplement and/or verify maternal self-reported information.

#### APPENDIX B: COMPLETED 12 MONTH SAMPLE SIZE

The following table shows how the cohort of potential and participating pregnant women move through the study's visits during their pregnancy. It begins with USS identification of a woman's pregnancy, and ends with the third postpartum visit approximately 2 weeks after delivery.

The target population is all pregnant women in the USS area who carry beyond the 28th week LMP and deliver in Dhaka. However, women are actually enrolled in the study before the 28th week in order to get necessary anthropometric measures. Women also are enrolled regardless of any stated plan to deliver outside of Dhaka in order to collect as much information as possible about these births, and in case they do deliver in Dhaka.

Wecks LMP	USS Contact/ Study Visit	A: Attempts to visit a household R: Reached household to enroll or interview C: Completed visit-successfully enrolled or interviewed.	Losses	Assumptions
4-16 wks	USS identifies 2050 pregnancies.	Not enrolled yet.	Unknown % pregnancies never identified due to:  • Purposely not reported (possible reasons are that the woman may plan to abort or the pregnancy is illegitimate).  • Pregnant woman of 28-30 wks LMP who recently inmigrated was not registered with the USS until after delivery.	<ul> <li>USS surveillance of 8300 households.</li> <li>USS identifies .245 pregnancies per household during the study year.</li> </ul>
24-28 wks	Enrollment Visit.	A: 2034 HH R: 86% of 2034 = 1749  C: 92% of 1749 = 1609	• 14% "net out-migration"  • 3% refusal 5% miscarriage/abort	<ul> <li>Based on estimated 3% "net out-migration" per month and maximum of 5 months between USS identification and enrollment visit.<sup>3</sup></li> <li>USS interviewers have reported no refusals, so 3% initial refusal for this study is a conservative assumption. A miscarriage rate of 7% per year is estimated, with 5% occuring before 24 weeks LMP (see data in note 2).</li> </ul>
28-32 wks	2nd Prenatal Visit.	A: 1609 R: 97% of 1609 = 1561 C: 97% of 1561 = 1514	<ul> <li>3% "net out-migration"</li> <li>1% refusal</li> <li>2% miscarriage/abort</li> </ul>	<ul> <li>3% * 1 mo.</li> <li>Late refusals and remaining 2% of miscarriages prior to 28 wks.</li> </ul>

Wecks LMP	USS Contact /Study Visit	A: Attempts to visit a household R: Reached household to enroll or interview C: Completed visit—successfully enrolled or interviewed.	Losses	Assumptions
32-42 wks	72 hr Postpartum Visit.	A: 1514 R: 94% of 1514 = 1423 C: 98% of 1423 = 1395  C < 72 hrs: 85% of 1395 = 1186  C > 72 hrs: 15% of 1395 = 209	<ul> <li>6% "net out-migration"</li> <li>2% refusal</li> <li>15% late notification of delivery (mothers and infants will still be assessed, but may be dropped from sample in some analyses due to invalid anthropometric data.)</li> </ul>	<ul> <li>3% * 2 mos.</li> <li>late refusals</li> <li>A more educated estimate can be ma after the pilot test notification system.</li> </ul>
34-45 wks	Two Postpartum Visits at 7-10 dys and 14-18 dys PP.	C < 72 hrs n = 1186  A: 1186 R: 97% of 1186 = 1150 C: 99% of 1150 = 1139  C > 72 hrs n = 209  A: 209 R: 97% of 209 = 203 C: 99% of 203 = 201	• 3% "net out-migration" • 1% refusals	● 3% * 1 mo. ● late refusals

In sum,	N	%
Pregnancies identified by USS	2034	100.0
Lost to out-migration	459	22.6
Lost to refusal/late refusal	109	5.3
Ineligible	119	5.8
Late follow-up after delivery (incomplete)	209	10.3
Complete participation	1139	56.0

And the breakdown of participation and loss of the target population:

Target population		
[(2034 id) - (459 out-m) - (119 inel)]	1456	100.0
Lost to refusal/late refusal	109	7.5
Late follow-up after delivery (incomplete)	209	14.3
Complete participation	1139	78.2

<sup>1.</sup> The total % of pregnant women that are never identified who will end up actually carrying beyond 28 wks LMP and delivering in Dhaka is very low, and not expected to be an important source of potential bias. However, most of these "missed" women will eventually be captured by the USS, and study interviewers will

be able to assess demographic characteristics and conduct follow-up interviews about risk factor exposure and delivery care.

2. The USS currently surveys approximately 8300 households (HH). In 1991, the USS recorded 783 live births in 4600 HH. The ratio of pregnancies recorded by the USS to live births is based on 1991 data from approximately 6 months. These data were:

	<u>#</u>	$\mathscr{Z}_{\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!\!$
Induced miscarriage:	10	1.5
Spontaneous miscarriage:	32	4.9
Single still birth:	26	4.0
Single live birth:	450	69.0
Twin live birth:	2	0.3
Out-migration:	132	20.2
TOTAL	652	

Thus, the ratio is 652/452 = 1.44 and [(783 LB \* 1.44)/4600 HH] \* 8300 HH = 2034 pregnancies identified.

3. "Net out-migration includes the following groups: (1) women who return to their home village to deliver; (2) women who move away from Dhaka with their families; (3) women who move away from the USS area and cannot be located; and (4) in-migration of pregnant women and their families to the USS area, and who are registered by the USS before 28 weeks LMP.

"Net out-migration" is estimated to be 3% per month, 14% over 5 months, and about 30% over 12 months. Using the formula:

$$P_n = P_0(e^{rt})$$

where:

P<sub>n</sub> = population after n months P<sub>0</sub> = population at starting month

e = base of natural logarithm

r = rate of net decrease in population per month

t = number of months

then:

$$P_n = 100(e^{-.03*12})$$

Solving for P<sub>n</sub>, there will be 70 people remaining in the population after 12 months for every 100 in the population at starting time "0." This estimate is consistent with the 1991 data which showed 20.2% of USS pregnancies were recorded as "out-migrated" in 1991 (see note 2).

#### APPENDIX D: STAFFING JUSTIFICATION

Enrollment Visit				
Status of Potential Participant	Number	Interview and editing time, plus 1 hour travel <sup>1</sup>	Worker time spent in hours	
Out-migrated	285	1.00	285	
Refused/Ineligible <sup>2</sup>	140	1.50	140	
Completed	1609	2.00	3218	
Return to correct (5%)	80	1.25	100	
TOTAL HOURS	3743			
Interviewers needed for each o	f 12 study mo	onths for this visit: <sup>3</sup>	2.23	

2nd Prenatal Visit					
Participant Status	Worker time spent in hours				
Out-migrated	48	1.00	48		
Refused/Ineligible	47	1.25	59		
Completed	1514	1.75	2652		
Return to correct (5%)	70	1.25	95		
TOTAL HOURS	2852				
Interviewers needed for eac	h of 12 study mo	onths for this visit:	1.70		

The total interviewers needed on staff per study month to complete all enrollment interviews over a period of X months of enrollment is calculated: Total hours/140/X months = Y.

Draft Protocol, UHEP, ICDDR,B Appendix D: Staffing Justification

<sup>&</sup>lt;sup>1</sup> This travel time includes locating the household, and having to return another day to a proportion of households because the woman was not home, or unable to complete the interview.

<sup>2 &</sup>quot;Refused/Ineligible" includes late refusals and miscarriages.

<sup>&</sup>lt;sup>3</sup> A total of 35 hours per week and 48 weeks per year are assumed for each interviewer. This allows for sick days, holidays, in-service training, and staff meetings. The calculations are: 35(48) = 1680 hours/year or 1680/12=140 per month.

72 Hour Postpartum Visit <sup>4</sup>				
Participant Status Number Interview and editing time, plus 1 hour travel			Worker time spent in hours	
Out-migrated	91	1.00	91	
Refused/Ineligible	28	1.50	42	
Completed	1395	3.00	4185	
Return to correct (5%)	70	1.50	105	
TOTAL HOURS	4423			
Interviewers needed for each	h of 13 study mo	onths for this visit:	2.43	

7-10 Day Postpartum Visit <sup>5</sup>					
Participant Status	Worker time spent in hours				
Out-migrated	0	NA	0		
Refused/Ineligible	0	NA	0		
Completed	1395	1.75	2441		
Return to correct (5%)	70	1.25	88		
TOTAL HOURS	2529				
Interviewers needed for each	Interviewers needed for each of 13 study months for this visit:				

14-18 Day Postpartum Visit					
Participant Status Number Interview and editing time, plus hour travel			Worker time spent in hours		
Out-migrated	0	NA	0		
Refused/Incligible	0	NA	0		
Completed	1395	3.00	4185		
Return to correct (5%)	70	1.50	105		
TOTAL HOURS	4290				
Interviewers needed for each	Interviewers needed for each of 13 study months for this visit:				

<sup>&</sup>lt;sup>4</sup> For this and remaining postpartum visits, all participants will be visited, regardless of the timing of birth notification. That is, even if an interviewer was unable to visit within 72 hours after birth, the woman will still be interviewed according to this schedule.

<sup>&</sup>lt;sup>5</sup> To ensure adequate staffing, we must assume that there will be no out-migration or refusals in the first few weeks postpartum.

#### APPENDIX D: STAFFING SPREADSHEET BY STUDY MONTH

		Study Months						
Visit	1	2	3	4	5	6	7	8
Enroll	2.23	2.23	2.23	2.23	2.23	2.23	2.23	2.23
2nd Prenatal		1.70	1.70	1.70	1.70	1.70	1.70	1.70 <sup>†</sup>
72 hrs PP		1.22	2.43	2.43	2.43	2.43	2.43	2.43
7-10 dys PP		li .	.70	1.39	1.39	1.39	1.39	1.39
14-18 dys PP			1.18	2.36	2.36	2.36	2.36	2.36
TOTAL	2.23	5.15	8.24	10.11	10.11	10.11	10.11	10.11
TRAINED STAFF NEEDED IN FIELD <sup>6</sup>	3	6	9	12	12	12	12	12

		Study Months						
Visit	9	10	11	12	13	14	15	16
Enroll	2.23	2.23	2.23	2.23	:		,	
2nd Prenatal	1.70	1.70	1.70	1.70	1.70			,
72 hrs PP	2.43	2.43	2.43	2.43	2.43	2.43	1.22	
7-10 dys PP	1.39	1.39	1.39	1.39	1.39	1.39	1.39	.70
14-18 dys PP	2.36	2.36	2.36	2.36	2.36	2.36	2.36	1.18
Total	10.11	10.11	10.11	10.11	7.88	6.18	4.97	1.88
TRAINED STAFF NEEDED IN FIELD	12	12	12	12	9	6	6	3 .

The staff needed does not account for a lead time of at least 2 weeks for training.

There are three field offices, and should be a minimum of 1 interviewer in each field office. Interviewers will be added to staff in multiples of three to equally cover each field office. This arrangement will be evaluated during the study if data show that the field offices handle significantly different participant loads.

Study	ID:	
Study	ID:	

## INTERNATIONAL CENTRE FOR DIARRHOEAL DISEASE RESEARCH, BANGLADESH (ICDDR,B)

## **URBAN HEALTH EXTENSION PROJECT**

## **ENROLLMENT INTERVIEW**

(28 Weeks of Pregnancy)

[COMPLETE FOLLO	WING FACE SHEET INFO	ORMATION PRIO	R TO IN	TERVIEW
Stratum No:	Cluster No:	Structure No:	<u> </u>	
Household No:	Mother's USS ID No:			· ·
Date://	Interviewer:		į	
Head of Household's N	Name:			
Woman's Name:			i r	,
A ddraes.	-		E	
			j	
Age:	LMP:///	EDD:	/	/
	dy mo yr	•	dy mo	yr

BW, G	A, and PM Study		Study ID:
-	sons present nterview:		
·			
SECTIO	ON I. PREGNA	NCY HISTORY	
1101.	Have you ever	been pregnant before?	, <u>-</u>
		Yes	1 2 [GO TO Q1103a]
1102a.	How many tin	nes have you been pregnant?	.F~.
		times	
1102b.	How many chi not living with	dren have you given birth to, that are a you]?	live now [including children
		children	1
1103a.	Have you even pregnancy]?	er been pregnant and had a miscarr	iage [within 7 months of
		Yes	1 2 [GO TO Q1104a]
1103b.	In total, how r	nany miscarriages have you had?	
		miscarriage(s)	
	A.		· ·
		talking to you about any problems yo PARA, GO TO Q1201]	u have had with your past
1104a.	Have you ever	given birth to a baby who cried or show	red any sign of life, but only

survived a few hours or days?

2 [GO TO Q1105a]

1104b. How many of these types of births?

early neonatal deaths

BW, GA	, and PM Study	· · · · · · · · · · · · · · · · · · ·	Study ID:
1105a.		iven birth to a boy or girl (either alive or l, that is, after 7 months but before 9 months	
	Ye No	es	. 1 . 2 [GO TO Q1106a]
1105b.	How many of the	ese types of births?	
		too early birth(s)	-
1106a.	Have you ever gives smaller than usua	iven birth to a boy or girl (either alive or al?	dead) who was born
•	Ye No	es	. 1 . 2 [GG TO Q1107]
1106b.	How many of the	ese types of births?	
	_	too small birth(s)	
1107.	When did your pr	revious pregnancy end?	
		months ago	
1108.	Where was that b	paby delivered?	
1109.	Ho (n: Pa (D Ot (D Ot	t home  lospital/clinic  lame  larent's home  Chaka  Village  Chaka  Village  Ohaka  Village  Ohaka  Village  Ohaka  Village  Ohaka  Ohaka  Village  Ohaka	. 2 . 3 . 4
	Uı Tr Do Se Ot	elative Intrained dai Irained birth attendant Octor, nurse, midwife elf Ither	. 2 . 3 . 4 . 5

BW, GA	a, and PM Study	Study ID
1110.	Is the child alive now?	
	Yes	. 1 [GO TO Q1113] . 2
1111a.	Was the child born alive?	
	Yes	. 1 . 2 [GO TO Q1112]
1111b.	How old was the baby when he/she died?	
	< 24 hrs after birth	. 2
1111c.	What was the cause of death? (PROBE FOR SYMTOM DEATH, SUCH AS: convulsions, poor feeding/sucking, feve breathing, cough/wheeze, diarrheoa, malnutrition/wasting)	er skin rash, abnormal
		12.0
1112.	Just during or after the birth, did the child show any sign of breath or crying?	life, such as taking a
	Yes	. 1 . 2
1113a.	Were there any problems with the delivery or postpartum?	
	Yes	. 1 . 2 [GO TO Q1114a]
1113b.	What kind of problems with the delivery?	
1114.	Did you have any other complications with any of your pre	vious pregnancies?
	Yes	. 1 . 2 [GO TO Q1201]

030783

BW, GA	, and	PM	Study
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C d	ID.	•
Study	1D	٠.

1115.	Describe any	complications	which	have	occurred	in	other	pregnancies.
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SECTION II.	CURRENT PREGNA!	NCY DELIVERY	INFORMATION.
SECTION II:	CURRENT INCOMM		THE CHANGE FOR

1201. Do you know where you will deliver your baby?

T
2
3
4
5
6

1202. Who will assist you at the time of delivery?

Relative 1
Trained Dai
Untrained Dai 3
Dai (unknown training) 4
Doctor, nurse, midwife 5
Self 6
Other 7
Don't know yet 8

## SECTION III. MATERNAL ANTHROPOMETRIC MEASURES

Now I would like to measure your height, weight and arm. This is very simple and quick. Nothing I do will make you uncomfortable.

1301. Maternal Anthropometrics:

Weight:	kg	Arm Circumference:		mm
Height:	cm			

Study	ID:	
Study	ID;	

# INTERNATIONAL CENTRE FOR DIARRHOEAL DISEASE RESEARCH, BANGLADESH (ICDDR,B)

### **URBAN HEALTH EXTENSION PROJECT**

#### SECOND ANTENATAL INTERVIEW

(32 Weeks of Pregnancy)

## [COMPLETE FOLLOWING FACE SHEET INFORMATION PRIOR TO INTERVIEW]

Stratum No:	Cluster No:	Structure No:			
Household No:	Mother's USS ID No:			. :	
Date://	Interviewer:				
Head of Household's N	ame:		<b>5</b> 5	_	
Woman's Name:		·			
Address:		,	,		
A ~	IMD. / /	EDD.	,	: 7	
Age:	LMP://_	EDD:	/ 	/ vr	_

BW, GA	A, PM Study	Study ID:
	sons present nterview:	
SECTIO	ON I: MATERNAL WEIGHT AND ARM CIRCUMFEREI	NCE
	with taking your weight and arm circumference today. Then e questions. This is a short visit; only about 15 minutes today.	
2101a.	Weight: kg	
2101b.	Arm Circumference: cm	
		e way ya ji awa ka
SECTIO	ON II: EATING DURING PREGNANCY	:
2201a.	Do you think pregnant women should take usual, more that usual amount of food?	nn usual, or less than
	Usual amount	2 3
2201b.	Why do you think that?	
2202.	Have you actually been eating the usual amount, more than usual amount of food during this pregnancy?	usual, or less than the

During this pregnancy, have you been eating special foods for pregnancy that you

Less than usual ......

normally would not eat if you were not pregnant?

2203b. What foods are you eating now for your pregnancy?

2203a.

BW, GA,	PM Study	Study ID:
	During this pregnant?	regnancy, have you avoided eating certain foods because you are
		Yes
2204b.	What foods do	o you avoid eating because of your pregnancy?
2205.	During your p	regnancy, have you been able to eat enough to keep hunger away?
		Yes, usually       1         Sometimes       2         No, not usually       3
2206.	Have you bee	n able to take a snack between meals when you are hungry?
		Yes, usually       1         Sometimes       2         No, not usually       3
2207.	How many tin pregnant?	nes per week/month have you eaten fish (meat,) since you became
		Fish         wk/mo           Meat         wk/mo           Milk/eggs         wk/mo           Dal         wk           Vegetables         wk           Yellow Fruit         wk           Bread         wk           Rice         wk
2208.	At what time	during the day do you usually eat your snacks and meals?
	au.	am/pm am/pm am/pm am/pm am/pm am/pm
2209a.	Were you pre	gnant during the last Ramadan?
		Yes

BW, GA	A, PM Study	Study ID:
2209b.	Did you fast during that Ramadan month?	:
	Yes	
2210a.	During this pregnancy, have you ever wanted to eat somethin usually like to eat?	ng that people do not
	Yes	
2210b.	What did you want to eat?	
2210c.	Did you actually eat something that people do not usually	eat (what)?
SECTIO	ON III: ACTIVITY LEVEL DURING PREGNANCY AND	EMPLOYMENT
2301a.	During this pregnancy, have you been carrying heavy the clothes, your children, garbage, etc.) a lot?	nings (such as water,
	Yes	
2301b.	What kind of things have you been carrying?	
2301c.	How far do you have to carry them?	
2301d.	How many times a day/week do you carry them?	
2302a.	During this pregnancy, have you had to walk long distance	s?
	Yes	. 1 . 2 [GO TO Q2303]
2302b.	How far do you have to walk?	
	T.	· ·

Ac. How many times a day/week do you have to walk this far?  During this pregnancy, have you been staying up a lot at night (for world for children, etc.)?  Yes	Stu	idy ID:
for children, etc.)?  Yes 1 No 2 [GO]  Bb. How many hours of sleep do you usually get per day?  How many nights per week do you have to stay up late, or get no sle  During this pregnancy, have you been employed outside the home?  Yes 1 No 2 [GO]  b. What kind of job was this?  Let hours  a. During this pregnancy, have you had any work that requires that you st long periods of time?  Yes 1 No 2		I
No	pregnancy, have you been staying up a lot at night (f	or working
How many nights per week do you have to stay up late, or get no sle  Aa. During this pregnancy, have you been employed outside the home?  Yes	Yes	1 2 [GO TO
During this pregnancy, have you been employed outside the home?  Yes	hours of sleep do you usually get per day?	
Yes	nights per week do you have to stay up late, or get	no sleep?
No	pregnancy, have you been employed outside the ho	ome?
4c. How many hours a week do/did you work? hours  5a. During this pregnancy, have you had any work that requires that you st long periods of time?  Yes1  No2	Yes	ι 2 [GO TO
hours  hours  During this pregnancy, have you had any work that requires that you st long periods of time?  Yes	of job was this?	, . <b>e</b> .
During this pregnancy, have you had any work that requires that you st long periods of time?  Yes	hours a week do/did you work?	
long periods of time?  Yes	hours	1
No 2	pregnancy, have you had any work that requires that s of time?	t you stand
5b. How long did you have to stand up?	id you have to stand up?	
5c. How many times a week did you have have to stand for long periods?	times a week did you have have to stand for long po	eriods?

## SECTION IV: SMOKE EXPOSURE

Now I'd like to ask you some questions about your cooking area.

2401. Where is the place where you cook located?

Inside the house	1
Adjoining the house	
Away from house	

2402. Is the cooking area enclosed by a roof or walls?

Enclosed by roof	1
Enclosed by roof	
and walls	2
Open	3

2403. Does the cooking area fill up with smoke when someone is cooking?

Always	1
Sometimes	
Rarely	3, _
Never	

2404. Do your eyes ever burn from smoke while you are near the stove(s)?

Always ,	 1
Sometimes	
Rarely	
Never	

2405. Do you ever have trouble catching a breath while you are near the stove(s)?

Always	1
Sometimes	
Rarely	
Never	

BW, GA,	PM Study	Stu	dy ID:
2406.	What kind of fu ONLY ONE. MARGIN].	el do you use most of the time in your cooking s IF SEVERAL FUELS USED EQUALLY,	note this in
		itoronomo i i i i i i i i i i i i i i i i i i	
2407.	How many hou in the cooking	rs per day do you spend cooking, or working ne area?	ar a burning stove
		hrs near cook smoke	·
2408.	Does your hou	sehold fill up with smoke from other families' o	cooking?
		Yes	1 2
2409.	How many hou	ars a day would you say that your house is smol	ky from cooking?
		•	
		hrs smoke in house	
		hrs smoke in house	
2410a.	Does anyone w	hrs smoke in house  who lives in this household smoke cigarettes?	
2410a.	Does anyone w	who lives in this household smoke cigarettes?	1 2 [GO TO Q2411]
2410a. 2410b.	Counting all th	Yes	2 [GO TO Q2411] درج مدرواته )
	Counting all th	Yes	2 [GO TO Q2411]
	Counting all the are-you near the	Yes  No  ne people who smoke in this household, how maken they are smoking?	2 [GO TO Q2411]
2410b.	Counting all the are-you near the	Yes	2 [GO TO Q2411]  (Jany hours per day  Swoke a rowel
2410b.	Counting all the are you near the Have you ever	yho lives in this household smoke cigarettes?  Yes  No  ne people who smoke in this household, how maken they are smoking?  hrs near cig smoke  smoked cigarettes or a pipe?  Yes	2 [GO TO Q2411]  (Jany hours per day  Swoke a rowel
2410b. 2411.	Counting all the are you near the Have you ever	who lives in this household smoke cigarettes?  Yes  No  ne people who smoke in this household, how maken when they are smoking?  hrs near cig smoke  smoked cigarettes or a pipe?  Yes  No	2 [GO TO Q2411]  cogartela)  lany hours per day  suche a rowel  1 2 [GO TO Q2501]

BW, GA	, PM Study Stu	dy ID:
2412b.	Have you ever smoked a pipe during this pregnancy?	
	Yes	
2412c.	How many cigarettes have you smoked per day (or week) during	ng this pregnancy?
	cigs per day/week	·
2412d.	How many times have you smoked a pipe per day (or v pregnancy?	veek) during this
	pipe smokes per day/week	
SECTIO	N VI: OBSERVATION OF COOKING AREA	:
[INTER	VIEWER OBSERVES COOKING AREA AND ANSWERS THOUS]	IE FOLLOWING
2501.	Describe where the cooking area is located in the household. nearby?	What rooms is it
		· -
2502.	How many cooking pits or burners are there?	
		<u>چ</u> ور
		A State of the sta
·	A second	
		•
		1

Ctorder	IT).	•
Study	w.	

# INTERNATIONAL CENTRE FOR DIARRHOEAL DISEASE RESEARCH, BANGLADESH (ICDDR,B)

### **URBAN HEALTH EXTENSION PROJECT**

## FIRST POSTPARTUM INTERVIEW

(Within 72 hours postpartum)

[COMPLETE FOLLOWING FACE SHEET INFORMATION PRIOR TO INTERVIEW	Ì

Stratum No:	Cluster No:	Structure No:	· 	
Household No:	Mother's USS ID No:			
Date://	Interviewer:			
Head of Household's I	Name:	<del></del>		, 
Woman's Name:			· · · · · · · · · · · · · · · · · · ·	· 
Address:				_
Age:	LMP://_	EDD:	/	·/ <u></u>

BW, GA	A, PM Study Stu	ıdy ID:	
•	sons present nterview:	· · · · · · · · · · · · · · · · · · ·	
SECTIO	ON I: INFANT OUTCOME	:	
3101a.	What day was your baby delivered?		
	days ago		
3101b.	What time of the day did you deliver?		i .
	am/pm	,	
3102.	Was it a boy or a girl?		
	Boy	1 2	
3103.	How is the baby now? (Can I see him/her?)		
	Alive	1 2	I
3104a.	Was the baby born normal, or was there something physica baby's head, body or limbs?	lly-wrong with	the
	Looked normal	1 [GO TO Q310 2	05]
3104b.	What was wrong with the baby?		
3105a.	Were there bruises or marks of injury on the baby's body after	er birth?	
	Yes		

[IF BABY LIVING, GO TO S/II, Q3201; IF DEAD, ASK 3106 AND CONTINUE]

Can you describe where the bruises or marks were, and what they looked like?

3105b.

BW, GA	PM Study	S	Study ID:
3106.	Was the baby born alive or taking a breath?	? That is, did the baby show any sig	ns of life, like crying
	Yes No		. 1 [GO TO Q3107] . 2 ]GO TO Q3116]
M/END:	MODULE ON EARLY	NEONATAL DEATH	
3107.	Did the baby fail to bre after birth?	athe, cry or suckle normally during	the first day (hours)
3108a.	Did you put the baby to	breast before he/she died?	. <u>-</u> .
		· · · · · · · · · · · · · · · · · · ·	
3108b.	How soon after birth die	d you put the baby to breast?	
	h	rs after birth	
3109.	Was the baby limp or un	conscious during the first few days (	or hours) after birth?
3110.	Was the baby's body ab	normally cold after birth?	-
			. 1
3111.	Did the baby have a fev	er at all since birth?	ر المراجع المر المراجع المراجع
		· · · · · · · · · · · · · · · · · · ·	
3112a.	Did the baby have any	other illness/symptoms after birth?	1
	Yes No		. 1 . 2 [GO TO Q3113]
3112b.	Please describe.		

BW, GA	, PM Study Study	ID:
3113.	What do you think the baby died from?	
3114a.	Did you receive any treatment or medicine for your baby before	he/she died?
	Yes	GO TO Q3115]
3114b.	Who gave you the treatment or medicine?	<u> </u>
3114c.	What kind of treatment or medicine did you get?	
3115.	How many hours or days after birth did the baby die?	
	hrs days after birth	•
3116.	Was the baby born smaller than usual?	•
	Yes	
[GO TO	SECTION III, Q3301]	
M/SB:	MODULE ON STILLBIRTH	
3116.	How would you describe what the baby looked like?	· .
3117.	Was the baby smaller than usual?	
	Yes	· . <b></b>
3118a.	Did the baby have an unusual color?	
	Yes (specify) 1 No 2	
3118b.	Did the baby have an unusual smell?	
	Yes (specify)	
[GO TO	SECTION III, Q3301]	
/int3pp.er	3	May 17, 1993

Study	ID:	
Study:	ID:	_

#### SECTION II: INFANT WELL-BEING AND BREASTFEEDING

3201.	How would you describe your baby's health in general? Would you say he/she is in excellent, good, fair, or poor health?				
		Excellent Good Fair Poor	2 3	;	
3202.	Is the baby s	sucking well?	,	•	
		Yes			
3203a.	Is the baby a	alert and active?	,. <del>-</del>		
		Yes		• •	
3203b.	Did the baby	y cry normally when he/she was first born?	,		
	22. °	Yes			
3204.	Does the baby have a fever?				
		Yes			
3205a.	Have you pu	it the baby to breast yet?	*	• ;	
		Yes Not yet Will not breastfeed	2 [GO T	O Q3301] O Q3301]	
3205b.	When did yo	ou first give him/her breastmilk?			
		hrs after birth	I		

BW, GP	A, PIVI Study	Study	110	
,	•	ĺ	•••	
3205c	Have you fed him/her anything besides b	reastmilk? IPROBE FC	)K: sugar w	ater

3205c. Have you fed him/her anything besides breastmilk? [PROBE FOR: sugar water, animal milk].

Sugar water	1
Animal milk	2
Infant formula	
Other	4
Nothing	5

## SECTION III. INFANT ASSESSMENT AND ANTHROPOMETRY

This examination of the baby is very simple and quick. Nothing I do will hurt the baby, or make him/her uncomfortable.

3301.	Infant birth v	weight:		grams
-------	----------------	---------	--	-------

3302a. Infant length: \_\_\_\_ cm

3302b. Infant head circumference: \_\_\_\_\_ cm

## 3. INFANT GESTATIONAL AGE ASSESSMENT

				· · · · · · · · · · · · · · · · · · ·	
kin exture	Thin, gelatinous	Thin, smooth	Smooth, medium thickness, superficial peeling	Slight thickening, superficial cracking and peeling of hands and feet	Thick and parchment like
	0	5	10	15	20
Ear orm	Pinna flat and shapeless (stays folded)	Incurving of part of edge (slightly curved, soft with slow recoil)	Partial incurving of whole of upper pinna (well-curved, soft but ready recoil)	Well-defined incurving of pinna (formed and firm with instant recoil)	
	. 0	9	16	24	
reast ize	No breast tissue	Diameter < 0.5 cm	Diameter 0.5 - 1.0 cm	Diameter > 1.0 cm	
lantar reases	No creases	Faint red marks over anterior 1/2	Definite red marks over anterior 1/2, indentations over anterior 1/3	Indentations over anterior 1/2	Deep indentations over more than anterior 1/2
	o	5	10	15	20

	BW, GA, I	PM Study					St	udy ID	•	·	
arf ;n	(stick figur to be draw in)										<u> </u>
		0	6		12			18			
cad	· ·	ų.							·		
		0	4		8			12			
			<u> </u>					1,2	-	<del></del>	-
			y rest like		X	court our trip	<b>.</b>	 5 % -			i
	SECTION DELIVER		RRENT H	EALTH	AND	DESCRIP	TION C	F LA	BOR	AND	
		you some qu Then I would							d since	your	
	3401. I	Iow would yo	ou describe	your hea	lth toda	ıy?				,	
			Excellent Good Fair/but r Fair/but r Poor	ormal . not well			· · · · · · · · · · · · · · · · · · ·	2 3 4			
÷	3402V	Vhere was yo	our baby del	livered?						,	
			Marital ho Hospital/o (name Parent's h (Dhaka	ome		)		2		:	
	·		(Dhaka_Other relation_(Dhaka_Other_	Vi	llage	_)		5	٠.		
	3403a. V	Vere you tran	sferred to a	nother lo	ocation 1	to deliver	after your		e had sta	irted?	
			Yes					1 2 [GO	TO Q	3404]	-
	3403b. V	Vhere did you	u start your	delivery'	?			·	٠		

BW, GA,	, PM Study		Study	ID:	· · ·
3403с.	Where were y	ou transferred to?		_	• .
3404a.	Who was the	main person who delivered the baby?	1		•
	<b>S</b>	Relative Untrained dai Trained birth attendant Doctor/nurse/midwife Self Other	. 3		
3404b.		lse participate in the delivery (e.g. was anyon omplications)?	e calle	ed in to cr	it the
		Yes		30 ТО Q	3405]
3404c.	Why was this	person called?			
3405.	Who cut the u	imbilical cord?			
		Primary person delivering baby			
3406.	What was use	d to cut the umbilical cord?			
		Razor blade	. 2 . 3 . 4		
3407a.	Was the [cutti	ng instrument] cleaned?			1
		Yes	. 2[0	GO TO Q GO TO Q	-
3307Ь.	How was the	[cutting instrument] cleaned?		· .	
				g	

BW, GA	, PM Study	Study ID:
3408.	What was used to tie the cord?	
	Cloth strips already in house Thread already in house Ties/thread bought especially for the delivery Ties/thread brought by delivery provider Other	3
3409a.	Were the ties/thread cleaned?	
	Yes	2 [GO TO Q3410]
3409b.	How were they cleaned?	
3410.	What was put on the umbilical cord stump after cutting?	•
3411.	What item did you lie on for delivery?	
	Clean cloth Clean plastic Clean mat Clean straw Bare floor Unwashed cloth Other	. 2 . 3 . 4 . 5 . 6
3412a.	Did the [delivery provider] wash her hands before the delivery	very?
	Yes	. 2 [GO TO Q3413]
3412b.	What did she use to wash her hands?	
3413a.	Did the [delivery provider] put her fingers inside of you du	ring labor?
	Yes	. 1 2 [GO TO Q3414]
/int3pp.erc	8	May 17, 1993

BW, GA	A, PM Study	Study	ID:
3413b.	How many se	eparate times did she examine you this way?	, , ,
		times	1
3413c.	When she firs water broke?	st examined you inside with her fingers, was this befo	re or after your
		Before water broke	
3414.	Did the [deli	very provider] put her fingers inside of you after de	ivery?
	·· Aw	Yes	GO TO Q3415]
3415a.		ivery provider] make any other examinations or ring labor or since delivery?	checks of your
		Yes	GO TO Q3416]
3415b.	Can you desc	cribe what she did?	
3416.	How long we	re you pushing before the baby came out?	· ·
,		< 1/2 hour	
[IF GR	EATER THAN	1 HOUR, HOW LONG?]	
3417a.	How long aft	er your water broke did the delivery occur?	
	as were <sup>197</sup>	< 12 hours	
[IF GR	EATER THAN	N 24 HOURS, HOW LONG?]	
			:

3418.	Do	you	think	that	your	labor	and	delivery	was	normal <sup>4</sup>	? [RECO	RD
	UNI	PRON	<b>ITED</b>	<b>ANSV</b>	VERS	FIRST,	THE	N PROM	IPT F	OR RES	SPONSES	TO
	EAG	CH C	ONDIT	ΠON].	i						•	

			1.
	It was normal/no problem	Self Response	Prompted
a.	It was normal/no problem		
	Yes 1 No 2	·	!
b.	Took too long		
	Yes 1 No 2	·	·
<b>c.</b>	Water broke too early		
	Yes 1 No 2		
d.	Too much pain		
	Yes 1 No 2		: • • · ·
e.	Too much bleeding		
	Yes 1 No 2	•	· 
f.	Afterbirth did not come quickly		
	Yes 1 No 2	· ·	· .
g.	Tearing of perineum		f
	Yes	;	
h.	Convulsions		
	Yes	,	·

BW, GA	A, PM Study	Study ID:	<u></u>
i.	Other		
	Yes 1 No 2		· .
j.	Baby was in wrong position		
	Yes 1 No 2		
3419.	What position did the baby come out in?		
	Head first		
3420.	Was the umbilical cord wrapped around the b	aby's neck?	
	Yes		
3421a.	Were you referred to another place for any er	nergency care or treatme	nt? i
	Yes		
3421b.	Did you receive any special treatments for the	problems described above	ve?
	Yes		Q3501]_
3421c.	Who treated you?		
3421d.	Where did you go?		
3421e.	What treatment did you receive?		
		and the second s	

Study	ID:	
-------	-----	--

## SECTION V: MATERNAL AND MORBIDITY

Now I want to ask you about specific problems which might have required special treatment.

	~			
Δ	10	nvu.	lete	me
_	v.	цνи	m.	ш

3501a. Did you ever have convulsions before, during or after delivery			
	Yes		
3501b.	When did you have these convulsions?		
	Before delivery		
3501c.	Did you take any steps to seek treatment for the convulsions?		
	Yes		
3501d.	Who treated you?		
3501e.	Where did you go?		
3501f.	What treatment did you receive?		
B. Vagii	nal Bleeding		
3502a.	Did you have vaginal bleeding during your pregnancy?		
	Yes		
3502ь.	When during your pregnancy did the bleeding occur?		
	First 3 months		

BW, GA	A, PM Study	Study ID:			
3502c.	How much did you bleed?	<b>5</b>			
	Like the heaviest days of menstruation More than just spotted but not heavy Spotted only	2			
3502e.	How many separate episodes during your pregnancy did y	ou notice bleeding?			
	times	i i			
3502f.	How many days altogether during your pregnancy did you	have vaginal bleeding?			
_	days				
3502g.	Did you ever have to stay in bed or curtail activities beca	use of bleeding?			
	Yes				
3502h.	How many days did you stay in bed, or couldn't do norm bleeding?	al activities because of			
	days				
3502i.	Did you take any steps to seek treatment for vaginal blee	ding?			
	Yes				
3502j.	Who treated you?				
3502k.	Where did you go?				
35021.	What treatment did you receive?				
3503a.	Do you think you bled more than normal during labor, de	elivery or postpartum?			
	Yes	1 2 [GO TO Q3503e]			

~ · · · , · · ·	A, PM Study Study	dy ID:	
3503Ъ.	When during your labor, delivery or postpartum did bleed mor	re than nor	mal?
	During labor	? '	
3503d.	Why do you think that your bleeding was more than normal? [PI frequently rags or sari changed].	ROBE FOI	R: how
3503e.	Have you sought, or did you receive, any special treatment for	the bleedi	 1σ?
	Yes	1	
503f.	Who treated you?		1
503g.			·.
Ū	Where did you go?		····
503h.	Where did you go? What treatment did you receive?		
503h.	Where did you go? What treatment did you receive?		
503g. 503h. C. Place 504a.	Where did you go?		
503h. C. Place 504a.	Where did you go?  What treatment did you receive?  enta  How long after the birth was it when the placenta came out?  Within 1/2 hour		
503h. C. Place 504a.	Where did you go?  What treatment did you receive?  enta  How long after the birth was it when the placenta came out?  Within 1/2 hour 1  >1/2 but <2hours 2  >2 hrs (how long:) 3	me out?	
503h. C. Place 504a.	Where did you go?  What treatment did you receive?  enta  How long after the birth was it when the placenta came out?  Within 1/2 hour 1  >1/2 but <2hours 2  >2 hrs (how long:) 3  Were there any special measures taken to help the afterbirth co  Yes 1  No 2 [	me out?	!
503h. <b>Place</b> 504a.  504b.	Where did you go?  What treatment did you receive?  enta  How long after the birth was it when the placenta came out?  Within 1/2 hour 1  >1/2 but <2hours 2  >2 hrs (how long:) 3  Were there any special measures taken to help the afterbirth co	me out?	! 

C4	ID.	*			
Study	עוו.			•	•

## INTERNATIONAL CENTRE FOR DIARRHOEAL DISEASE RESEARCH, BANGLADESH (ICDDR,B)

### **URBAN HEALTH EXTENSION PROJECT**

### 7 DAY POSTPARTUM INTERVIEW

Stratum No:	Cluster No:	Structure No:	
Household No:	_ Mother's USS	ID No:	· · · · · · · · · · · · · · · · · · ·
Date://	Interviewer:		
Head of Household's	Name:		
Woman's Name:			:
Address:			······································
Date of birth: /	/ Target	date of visit: /	/

BW, GA, PM Study	BW,	GA,	PM	Stud	ly
------------------	-----	-----	----	------	----

Study	ID:	•
Study	w.	

List persons present during interview:

74.			
SECTIO	ON I: INFANT	WELL-BEING AND BREASTFEEDING	
4101.	How is the ba	aby today? (Can I see him/her?)	1
		Alive	
4102.	Is the baby al	ert and active?	
		Yes	
4103.	-	ou describe your baby's health in general? Would, fair, or poor health?	ıld say he/she is in
	٠ ٠٠	Excellent	2 3
4104.	Is the baby su	icking well?	
		Yes	
4105.	Does the bab	y have a fever?	: .
	:	Yes	1
4106a.	Did the baby	have any other illness/symptoms after birth?	
		Yes	
4106b.	Please descril	be.	· · · · · · · · · · · · · · · · · · ·
			I

BW, GA	A, PM Study		Study ID:_		
4107a.	Have you put	the child to breast yet?	, <del>-</del>	•	
·		Yes	. 2 [GO]		
4107b.	When did you	i first give him/her breastmilk?	:		
		hrs after birth		,	•
4107c.	Have you fed animal milk].	him/her anything besides breastmilk? [PROB	BE FOR: sı	ıgar water,	,
		Sugar water Animal milk Infant formula Other Nothing	. 2 . 3 . 4		:
					ĺ
SECTIO	ON II: EARLY	NEONATAL DEATH		,	•
4201.	When did the	baby die?		:	
		hrs days after birth	:		-
4202.	Was the baby	born smaller than usual?		:	
		Yes	. 1		
4203.	Was the baby	limp or unconscious during the first few days (	or hours) a	fter birth?	
		Yes			,
4204.	Was the baby'	s body abnormally cold after birth?			
		Yes			-,
4205.	Did the baby	have a fever at all since birth?			
. •	\$ \$	Yes	. 1		

BW, GA	, PM Study	Study ID:
4206a.	Did the baby have any other illne	ess/symptoms after birth?
4206b.	Please describe.	
4207.	What do you think the baby died	from?
4208a.	Did you receive any treatment or	medicine for your baby before he/she died?
4208b.	Who gave you the treatment or r	nedicine?
4208c.	What kind of treatment or medic	ine did you get?
4209a.	Did you put the baby to breast b	efore he/she died?
4209b.	How soon after birth did you put	the baby to breast?
	hrs after b	irth
SECTIO	ON III: MATERNAL SMOKING	(RELIABILITY CHECK)
4301a.	Does anyone who lives in this ho	
	Yes No	
4301b.	Counting all the people who smo	ke in this household, how many hours per day smoking?
, .	hrs near	cig smoke

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BW, GA	, PM Study	Study ID:
4301.	Have you ever	smoked cigarettes?
	·	Yes
4301a.	Have you ever	smoked any cigarettes during this pregnancy?
		Yes
4301b.	Have you ever	smoked a pipe during this pregnancy?
		Yes
4301c.	How many cig	arettes have you smoked per day (or week) during this pregnancy?
-		cigs per day/week
4301d.	How many tippregnancy?	mes have you smoked a pipe per day (or week) during this
		pipe smokes per day/week
و المستقدمات المستقدمات المستقدمات المستقدمات المستقدمات المستقدمات المستقدمات المستقدمات المستقدمات	and a second of the second of	<ul> <li>A. N. P. E. Charles Sci., Phys. Rev. B 465, Co. 447, Access 1, 1989 (1975) B 467, Phys. Rev. B 1, 161, A 1, 189, 201.</li> </ul>

Study	ID:	1	
Diau			

# INTERNATIONAL CENTRE FOR DIARRHOEAL DISEASE RESEARCH, BANGLADESH (ICDDR,B)

#### **URBAN HEALTH EXTENSION PROJECT**

### THIRD POSTPARTUM INTERVIEW

(14-18 days postpartum)

[COMPLETE FOLLOWING FACE SHEET INFORMATION PRIOR TO INTER	VIEW
-----------------------------------------------------------	------

Stratum No:	Cluster No: _	Structure No:		_!	
Household No:	Mother's US	S ID No:			: .
Date://	Interviewer:				<b>-</b> .
				1.	
Woman's Name:				:	
Address:					
Date of Birth: /		Target Date of Visit:	/	/	

BW,	GA,	PM	Study
-----	-----	----	-------

Study	ID:		
~			

List	pe	rsoi	ns p	ores	ent
duri	ng	inte	ervi	ew:	

SECTIO	ON I. HEALTH	DURING PREGNANCY	<u>មានប្រ</u>			
A. Sym	ptoms of Anemi	ia		_		
5101a.	During this pr	egnancy, have you felt more tired than usual?	;	<i>5</i>		
		Yes				
5101b.	Have you not pregnancy?	iced that you had white spots under your fing	ern	ails o	lurin	g this
		Yes				!
5101c.	Has you been pregnancy?	told that your face or skin has looked paler tha	.n u	sual (	durin	g this
•		Yes				
B. Visu	al Disturbances				·	٠
5102a.	Have you not pregnancy?	iced any of the following problems with your	visi	on d	uring	your
	Night blindnes	ss	,	:		(
		Yes	1 2	i I		!
5102b.	Fuzzy vision	Yes	1 2	ı		,
5102c.	Seeing double	Yes				- 14.
[IF NO	VISUAL PROE	BLEMS, GO TO Q5103]		•		:

BW, GA	A, PM Study		study ID:	<del></del>
5102d.	Did you have	any of these problems before pregnancy?		
		Yes, it was the same	. 2	
		No	. 3	
5102e.	Have your so	ught treatment for any of these visual problen	15?	
		Yes	. 1 . 2 [GO TO	Q5103]
5102f.	Who treated	you?		·
5102g.	Where did yo	ou go?		•
5102h.	What treatme	ent did you receive?		; ,
				· .
C. Wat	er Retention			1
5103a.	Did your face	swell up during your pregnancy?	1	
		Yes	. 1 . 2 [GO TO	Q5104]
5103b.	.When during	your pregnancy did your face swell?		•
		First 3 months	. 2 . 3 . 4	·: ·: ·
5103c.	Did your feet	or legs swell up during your pregnancy?	·  -	
		Yes		
[SKIP T	O Q5104 IF N	O SWELLING IN FACE OR LEGS]		
			ا <del>استاد</del> در ا	: 1

BW, GA	A, PM Study		Study ID:
5103d.	When during	your pregnancy did your feet or legs swell?	
		First 3 months	. 2 . 3 . 4
5103e.	Did the swell	ing go away if you elevated your feet?	: :
		Yes	
5103f.	Would the sw	velling go away after sleeping at night?	
		Yes	
5103g.	Did you ever	have to stay in bed or curtail activities becau	se of the swelling in
		Yes	. 1 . 2 [GO TO Q5103i]
5103h.	How many daswelling?	ays did you stay in bed, or couldn't do normal days	activities, because of
5103i.	Did you take	any steps to seek treatment for swelling of yo	ur face or legs?
		Yes	. 1 . 2 [GO TO Q5104]
5103j.	Who treated	you?	
5103k.		ou go?	1.
5103l.	What treatme	ent did you receive?	
D. Hea	adaches		
5104a.	Did you have	headaches during your pregnancy?	
		Yes	. 1 . 2 [GO TO Q5105]
		•	

BW, GA	, PM Study	S	tudy ID:	
5104b.	When during y	our pregnancy did the headaches occur?		
	*	First 3 months	2 3 4	
5104c.	How often did	the headaches occur?	* <del>-</del>	
·		Almost never	2 3	
5104d.	Did you ever l	have to stay in bed or curtail activities because	e of headaches	s?
		Yes		5104f]
5104e.	How many da headaches?	ys did you stay in bed, or couldn't do normal	activities beca	use of
• -		days		1
5104f.	Did you take	any steps to seek treatment for headaches?		
		Yes		5105a]
5104g.	Who treated y	ou?		
5104h.	Where did you	ı go?		·
5104i.	What treatmen	nt did you receive?	· :	
5104j.	Did you ever	have headaches before you became pregnant?		1
	:	Yes, was the same during pregnancy Yes was worse during pregnancy No, do not normally have headaches	. 2	
		·		

BW, GA	A, PM Study	\$	Study ID:		
5104k.	Do you still h	nave headaches since delivery?	1		
		Yes, it is the same as during pregnancy Yes, but it was worse during pregnancy	. 2		
E. Diz	zy Spells				
5105a.	Did you have	dizzy spells during your pregnancy?			
		Yes			
5105b.	When during	your pregnancy did the dizzy spells occur?			
		First 3 months	. 2 . 3 . 4		
5105c.	Did you ever	have to stay in bed or curtail activities because	se of dizzy spells?		
		Yes			
5105d.	How many dizzy spells?	ays did you stay in bed, or couldn't do normal	activities because of		
		days	*		
5105e.	Did you take	any steps to seek treatment for dizzy spells?			
		Yes			
5105f.	Who treated	you?			
5105g.	Where did yo	ou go?			
5105h.		ent did you receive?	,		
			معا المستر		
		į.	· · · · · · · · · · · · · · · · · · ·		

BW, GA	A, PM Study	Study ID:
F. Feve	er	
5106a.	Have you had a fever since your delivery?	: 
	Yes	1 2 [GO TO Q5107].
5106b.	Do you still have a fever?	
	Yes	
5106c.	How many days altogether have you had (did you have) a	fever?
	days	· .s
5106d.	Have you felt (did you feel) chills, or shaking with the few	er?
	Yes	
5106e.	Since the delivery, have you had to go to bed, or curtail y of sickness from the fever?	our activities, because
	Yes	
5106f.	How many days have you had to stay in bed or curtail yo the fever?	ur activities because of
	days	,
5106g.	Did you seek treatment for the fever?	
	Yes	1 2 [GO TO Q5107]
5106h.	Who treated you?	

5106i.

5106j.

Where did you go?

What treatment did you receive?

BW, GA,	PM	Study
---------	----	-------

a. 1	ID.	r	
Study	ID:	·	

## H. Vaginal Discharge

5107a.	During pregnancy, many women will have some vaginal discharge. Did you have vaginal discharge during this pregnancy?
	Yes
5107b.	Which of the following descriptions of this discharge best describes what you had during pregnancy?
·	Brownish or yellowish       1         Thick and white       2         Thick and jelly-like       3         Greenish       4         Other       5
5107c.	Did the discharge during your pregnancy smell bad or not?
	Bad odor       1         No odor       2
5107d.	Did you feel itchy during the time you had this discharge?
	Yes
5107e.	Did you ever have to stay in bed or curtail activities because of the discharge or related discomfort?
	Yes
5107f.	How many days did you stay in bed, or couldn't do normal activities because of the discharge or related discomfort?
	days
5107g.	Did you take any steps to seek treatment for the discharge?
	Yes
5107h.	Who treated you?

BW, GA	A, PM Study		Study 11.
5107i.	Where did you	ı go?	· ;
5107j.	What treatmen	nt did you receive?	*
5107k.	Did you have	vaginal discharge prior to pregnancy?	
	. *	Yes	
5107l.	How did your pregnancy?	vaginal discharge during pregnancy comp	are with that prior to
	·	Was the same	. 2
I. Urin	ary Tract Infecti	on ,	, <b>5</b> 7 ,
5108a.	Did you have pregnancy?	any problems with your urine or with	urinating during your
		Yes	
5108b.	Which of the f during the pre	following best describes the problems you hat gnancy?	ve had with your urine
	•	Burning or pain when urinating	2 3 4 5
5108c.	Was there feve	er?	
		Yes	•
5108d.	Did you ever h your urine?	nave to stay in bed or curtail activities because	e of the problems with
		Yes	

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BW, GA	, PM Study Study ID:
5108e.	How many days did you stay in bed, or couldn't do normal activities because of the urine problems or related discomfort?
	days
5108f.	Did you take any steps to seek treatment for the problems?
	Yes
5108g.	Who treated you?
5108h.	Where did you go?
5108i.	What treatment did you receive?
K. Injury	•
pregnand private e	o ask you some questions about whether you have been injured at all during your cy. I understand that these, like many questions we've been asking today, are very events. I will not ask you to tell me the details of any event, or anything about a tho may have hurt you. My main concern is for your health, and the health of your
5109a.	During this pregnancy, have you had any kind of accident where you got hurt.
	Yes
5109b.	Please describe the accident and how you were hurt?
5110a.	Did anyone in this household ever hit you, shove you, or throw things at you?
a	Yes
[IF MOI	RE THAN ONE INJURY, RECORD ANSWERS FOR EACH INJURY]
5110b.	Can you describe to me what kind of injury you received?
5110c.	When did the injury occur?
	months ago
	·

BW, GA	A, PM Study	Study ID:
5111a.	Did you have to stay in bed because of y	
	Yes	
5111b.	How many days did you stay in bed becar	use of your injury?
	days	
SECTIO	ON II. ANTENATAL CARE UTILIZATIO	ON
I'd like the peop	to know about any health care or advice you le in your community, your family, friends	u received during your pregnancy from and from doctors or nurses.
5201a.	During this pregnancy, did you ever go theck-up?	to a hospital or clinic for a pregnancy
	Yes	
5201b.	Where did you go?	
5201c.	How many months pregnant were you wh	en you first went?
	months	
5201d.	How many times altogether did you go?	
-	times	
5201e.	How soon before delivery did you last go	?
	weeks	
5201f.	Did you go because you thought something baby's?	was wrong with your own health or the
	Yes	
5201g.	What were you worried about?	

BW, GA	, PM Study	Stu	dy ID	:	
5202a.	During this pregnancy, did anyone ever tell you about, or e a hospital or clinic for a pregnancy check-up?	ncoi	urage	you	to go to
	Yes		1 2 [GŌ	TO	Q5203]
5202b.	Who told you about antenatal care?				
[IF NO	ANTENATAL CARE RECEIVE (Q5201A=NO), GO TO	Q52	205]		
5203a.	During any of your pregnancy health care check-up visits, diabout the following issues?	d an	yone	talk v	with you
	Warning/risk symptoms to watch for during pregnancy?			1	t
	Yes				. د. د
5203b.	Signs of complications during labor to watch for	••	?	٠.	
·	Yes	• •	1 2 ع		
5203c.	The importance of using a safe delivery kit?				
	Yes				
5203d.	How to use a safe delivery kit?			:	
	Yes		1 2		
5203e.	Eating nutritious foods and weight gain during pregnancy		?		ï
. •	Yes		1 2 :		
5203f.	Importance of delivering the baby in a clinic?				
	Yes		1 2.	•	-
5203g.	Importance of delivering the baby with a trained attendan	t.	?		
	Yes				

BW, GA	, PM Study	Si	tudy ID:
5203h.	Importance of colostrum)?	exclusive breastfeeding the baby during the	first few days (i.e.
		Yes	1 2
5203i.		ealth condition (i.e. vaginal bleeding, dizziness, headache)	
		Yes	
5203j.	Use of birth co	ontrol after pregnancy?	
		Yes	
5204a.	During any of the following?	your pregnancy check-up visits, did the doctor	or nurse do any o
	Touched and f	elt around abdomen?	·
		Yes	1 2 <sup></sup>
5204b.	Touched and f	elt around the vagina?	
		Yes	
5204c.	Examined face	, legs, and feet for swelling?	
-	,	Yes	1 2
5204d.	Took blood pr	essure?	
-		Yes	1 2
5204e.	Took blood sa	mple?	

Yes . No . .

BW, GA	PM Study			Study	ID:	
5204f.	Took urine sar	mple?				
		Yes				1
5204g.	Measured wei	ght?	•		<del></del> -	: 1
		Yes				, ,
5204h.	Measured heig	ght?				
-		Yes			•	T is
5204i.	Measured arm	n size?				
	•	Yes				•
5204j.	Gave tetanus	injection?				•
•		Yes			. <b></b>	
5204k.	Gave vitamins	?		:		
		Yes				
52041.	Gave iron tab	lets?			:	
••		Yes		1	÷	
5204m.	Gave safe del	ivery kit?		· !		
		Yes	• • • • •	1		

, PM Study		į .	Study ID:	:
While you were to give advice	e pregnant, did a home vi or treatment?	sitor or health worke	er come to yo	ur house
	Yes		. 1 . 2 [GO TC	Q5406]
Where was thi	s person from?			- 1
		•		
	times	-		
What advice o	r treatment did she give	?		•
•	<u>-</u>	_	-	– BE FOR:
Who was this?	No		. 2°[GO TC	Q5207] -
How many tim	nes did any other people	come to your house	?	
	times		و.	
What advice o	r treatment did they give	?		
			1	· .
			home for a	dvice or
	Yes		. 1 . 2 [GO TO	Q5208]
Where did you	ı go?			<del></del>
Who did you s	ee?			<del>_</del>
How many mo	onths pregnant were you	when first went for a	a check-up li	ke this?
· Sec	months			٠
	While you were to give advice  Where was this  How many time  What advice of the control of the	While you were pregnant, did a home vito give advice or treatment?  Yes	While you were pregnant, did a home visitor or health worke to give advice or treatment?  Yes	While you were pregnant, did a home visitor or health worker come to you to give advice or treatment?  Yes

BW, GA	A, PM Study	Study ID:	····
5207e.	How many times altogether during this pregnancy did you this?	go for a check-u	p like
	times		
5207f.	What kind of advice or treatment did you get?		
5208a.	During this pregnancy, did you ever take any iron tablets?	, <del>-</del>	- 12
	Yes		)5209]
5208b.	How often did you take the iron tablets?		
	times per day/week	1	
5208c.	How long did you take the iron tablets for?		
	days/weeks/mos		
5208d.	Where did you get the iron tablets from?		
5209a.	During this pregnancy, did you receive an injection to prev	vent tetanus?	
·	Yes, once Yes, two times No	2	5210]
5209b.	Where/who did you receive the tetanus injection from?		•
[IF PRIN	MIGRAVIDA, DO NOT ASK Q5210, GO TO Q5211]	:.	• .
5210.	Have you received at least two injections for tetanus befor	e this pregnancy	1?
	Yes		
5211a.	Did you receive any other injections during this pregnancy	?	
,	Yes	1 2 [END]	٠.,

BW, GA, PM Study Study I			Study ID:	D:			
5211b.	What kind of injection (for what purpose)?			; ;		•	
		i		•	:	İ	
5211c.	From where/whom did you receive the injection?				· .		

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